



www.HolidayGlowRun.com

Holiday Glow Run 5K-Halloween

South Lakes Park, Denton, TX

Saturday, November 01, 2014

58F Sunny 21%H 8mphSSE

5K Off :6:32 pm

MALES

OVERALL	Myles Gladen	19:32.4	70.1%
MASTERS	Jason Frey	24:44.7	56.0%
GMASTER	John Cartwright	27:58.4	58.4%

FEMALES

Morgan Monschke	20:35.1	77.6%
Jeannie Freeman	24:38.2	62.7%
Laurie Underwood	27:47.5	64.1%

5K MALE

		18 MALE Runners --- Average Time of 31:52				Avg. Age Grade: 48.4%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> Myles Gladen	Lake Dallas	(16)			19:32.41	6:17.4	70.1%	1	1
MASTERS	<u>1</u> Jason Frey	Justin	(42)			24:44.78	7:57.9	56.0%	9	4
GMASTER	<u>1</u> John Cartwright	Denton	(62)	13:47	+25	27:58.40	9:00.2	58.4%	19	8
M01-12	<u>1</u> Austin Lyda	Flower Mound	(7)	11:57	+43	24:37.26	7:55.5	72.3%	7	3
	<u>2</u> Gage Majesko	Krum	(9)	12:45	+74	26:43.30	8:36.1	61.2%	14	6
	<u>3</u> Garrett Majesko	Krum	(11)	13:33	+147	29:33.30	9:30.8	51.8%	22	10
	<u>4</u> Parker Betty	Denton	(8)	17:19	+278	39:15.54	12:38.2	43.4%	41	15
M16-19	<u>1</u> David Sandoval	Garland	(18)	13:02	+49	26:53.46	8:39.3	49.6%	15	7
M20-24	<u>1</u> Luis Sandoval	Garland	(24)	17:42	+68	36:32.64	11:45.7	35.3%	36	12
	<u>2</u> Blake Bolen	Pottsboro	(24)	18:54	+55	38:42.51	12:27.5	33.3%	40	14
	<u>3</u> Damon Hogg	Sherman	(23)			38:42.62	12:27.6	33.3%	39	13
M25-29	<u>1</u> Michael Nutting	Dallas	(25)			23:51.89	7:40.9	54.1%	5	2
M35-39	<u>1</u> Garth Platt	Chattanooga	(36)			31:37.03	10:10.6	41.9%	27	11
	<u>2</u> Mike Stallings	Krum	(37)			40:42.35	13:06.1	32.8%	48	16
M45-49	<u>1</u> Max Majesko	Krum	(49)			26:42.29	8:35.7	54.8%	13	5
M50-54	<u>1</u> Phillip Brooks	Denton	(53)			28:04.24	9:02.1	53.8%	20	9
	<u>2</u> Ray Taylor	Weatherford	(51)			42:06.17	13:33.1	35.3%	53	17
M55-59	<u>1</u> Brett Wallace	Denton	(59)			47:23.24	15:15.2	33.6%	58	18

5K FEMALE

		48 FEMALE Runners --- Average Time of					36:18	Avg. Age Grade: 47.0%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD	
OVERALL	<u>1</u> Morgan Monschke		(13)	10:08	+19	20:35.10	6:37.5	77.6%	2	1	
MASTERS	<u>1</u> Jeannie Freeman	Garland	(41)			24:38.22	7:55.8	62.7%	8	5	
GMASTER	<u>1</u> Laurie Underwood	Gainesville	(54)	13:24	+60	27:47.53	8:56.7	64.1%	18	11	
F01-12	<u>1</u> Aubrey Lyda	Flower Mound	(10)	10:54	+36	22:23.29	7:12.4	76.2%	3	2	
	<u>2</u> Gillian Stinson	Hickory Creek	(11)			24:52.11	8:00.3	66.9%	10	6	
	<u>3</u> Kate Buchanan	Savannah	(10)			27:29.33	8:50.9	62.1%	16	9	
	4 Emma Lasater	Highland Village	(12)	15:04	+25	30:33.66	9:50.2	53.3%	24	14	
	5 Elizabeth Freeman	Garland	(6)	17:43	+32	35:57.06	11:34.3	54.3%	35	24	
	6 Mary Doyle	Krum	(10)	17:58	+268	40:23.97	13:00.2	42.2%	45	30	
	7 Michaela Stallings	Krum	(8)			40:41.40	13:05.8	44.5%	47	32	
	8 Kylie Moretz	Weatherford	(12)	19:10	+224	42:04.82	13:32.7	38.7%	52	36	
	9 Kaitline Harris		(12)	21:37	+56	44:10.55	14:13.1	36.9%	56	39	
	10 Tyler Bazan	Frisco	(8)	22:41	+164	48:06.49	15:29.1	37.7%	60	42	
F13-15	<u>1</u> Aria Child	Sanger	(15)			26:17.28	8:27.7	59.0%	12	8	
	<u>2</u> Rebekah Freeman	Garland	(14)			35:23.90	11:23.6	44.4%	34	23	
	<u>3</u> Brooke Kaszynski	Sanger	(13)	17:00	+242	38:01.91	12:14.5	42.0%	38	26	
F16-19	<u>1</u> Leah Lawler		(16)	19:20	+120	40:40.21	13:05.4	37.6%	50	34	
F20-24	<u>1</u> Carolyn McMenemon	Dallas	(23)	18:57	+98	39:32.21	12:43.5	37.4%	44	29	
F25-29	<u>1</u> Chelsea Perkins	Lake Dallas	(25)			28:55.83	9:18.7	51.2%	21	12	
	<u>2</u> Delynn Morgan	Rhome	(27)			29:26.46	9:28.6	50.3%	23	13	
	<u>3</u> Candice Quilty	Minneapolis, MN	(29)	15:09	+29	30:45.81	9:54.1	48.1%	25	15	
	4 Erin Baldwin	Zebulon, GA	(29)	18:36	+27	37:40.28	12:07.5	39.3%	37	25	
	5 Amanda Betty	Denton	(28)	20:15	+120	42:30.98	13:41.1	34.8%	54	37	
F30-34	<u>1</u> Jamie Kennard	Denton	(30)	12:10	+7	24:27.31	7:52.3	60.5%	6	4	
	<u>2</u> Sarah Roland	Denton	(33)			33:41.00	10:50.5	44.1%	28	17	
	<u>3</u> Ruth Weddle	White Settlement	(32)	20:46	+160	44:11.64	14:13.5	33.6%	55	38	
	4 Jeni Greene	Frisco	(31)	22:39	+169	48:06.97	15:29.2	30.8%	61	43	
	5 Katie Gee	Lewisville	(31)	22:47	+157	48:11.05	15:30.5	30.7%	62	44	
F35-39	<u>1</u> Amie Fletcher	Sanger	(35)	11:25	+26	23:16.67	7:29.5	64.2%	4	3	
	<u>2</u> Monica Spencer	Denton	(38)			35:11.18	11:19.5	43.1%	33	22	
	<u>3</u> Michelle Cudd	Sanger	(37)			39:10.43	12:36.5	38.5%	43	28	
	4 Micaela Romero	Lewisville	(37)			48:12.26	15:30.9	31.3%	64	46	
F40-44	<u>1</u> Tracy Polley	Sanger	(44)	13:44	+4	27:31.64	8:51.6	57.5%	17	10	
	<u>2</u> Rebecka Frey	Justin	(40)	20:29	-36	40:21.93	12:59.5	38.0%	46	31	
	<u>3</u> Shantelle Lawler		(43)	19:20	+121	40:40.26	13:05.4	38.6%	49	33	
	4 Claudia Cortez	Denton	(43)	26:20	-626	42:14.59	13:35.8	37.1%	59	41	
	5 Wendy Massey	Flower Mound	(41)	22:45	+162	48:12.79	15:31.1	32.0%	63	45	
	6 Lynn Orsini	Flower Mound	(44)			48:15.22	15:31.9	32.8%	65	47	
F45-49	<u>1</u> Tonya Hess	Lindsay	(47)	12:20	+25	25:06.13	8:04.8	65.0%	11	7	
	<u>2</u> Deanna Smith	Corinth	(46)			34:29.91	11:06.2	46.8%	29	18	
	<u>3</u> Kym Toeters		(47)			34:43.39	11:10.6	47.0%	30	19	
	4 Jenny Brooks	Denton	(49)	17:38	+2	35:18.64	11:21.9	47.3%	31	20	
	5 Catherine Chambers	Sanger	(48)			50:23.58	16:13.2	32.8%	66	48	
F50-54	<u>1</u> Randi Castanuela	Lake Dallas	(52)	14:46	+90	31:01.34	9:59.1	55.9%	26	16	
	<u>2</u> Hedi Bucy	Sanger	(53)			39:14.64	12:37.9	44.8%	42	27	
F55-59	<u>1</u> Linda Wallace	Denton	(58)	17:39	+1	35:18.60	11:21.9	53.2%	32	21	
	<u>2</u> Carol Harris	Saint Jo	(56)			44:09.89	14:12.9	41.4%	57	40	
F60-64	<u>1</u> Sharon Betty	Denton	(60)	20:56	+11	42:02.17	13:31.8	46.0%	51	35	

Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	Net Chip Time	Pace	5KEq	Clock Time	AgeGD	
1	029	Myles Gladen (M16)	1	M16-19	OA	---			19:32.41	6:17.4	19.53	19:32.41	70.1%	
2	076	Morgan Monschke (F13)	1	F13-15	OA	0.5	10:08	10:27	+19	20:35.10	6:37.5	20:35.57	77.6%	
3	041	Aubrey Lyda (F10)	2	F01-12	1st	---	10:54	11:29	+36	22:23.29	7:12.4	22:23.29	76.2%	
4	019	Amie Fletcher (F35)	3	F35-39	1st	0.7	11:25	11:51	+26	23:16.67	7:29.5	23:17.37	64.2%	
5	054	Michael Nutting (M25)	2	M25-29	1st	---			23:51.89	7:40.9	23.85	23:51.89	54.1%	
6	039	Jamie Kennard (F30)	4	F30-34	1st	1.8	12:10	12:17	+7	24:27.31	7:52.3	24:29.12	60.5%	
7	042	Austin Lyda (M7)	3	M01-12	1st	---	11:57	12:40	+43	24:37.26	7:55.5	24:37.26	72.3%	
8	021	Jeannie Freeman (F41)	5	F40-44	MS	0.5			24:38.22	7:55.8	24.63	24:38.70	62.7%	
9	025	Jason Frey (M42)	4	M40-44	MS	0.5			24:44.78	7:57.9	24.73	24:45.25	56.0%	
10	068	Gillian Stinson (F11)	6	F01-12	2nd	0.9			24:52.11	8:00.3	24.87	24:52.96	66.9%	
11	034	Tonya Hess (F47)	7	F45-49	1st	---	12:20	12:46	+25	25:06.13	8:04.8	25.10	25:06.13	65.0%
12	015	Aria Child (F15)	8	F13-15	1st	---			26:17.28	8:27.7	26.28	26:17.28	59.0%	
13	045	Max Majesko (M49)	5	M45-49	1st	0.5			26:42.29	8:35.7	26.70	26:42.82	54.8%	
14	046	Gage Majesko (M9)	6	M01-12	2nd	0.5	12:45	13:58	+74	26:43.30	8:36.1	26:43.82	61.2%	
15	063	David Sandoval (M18)	7	M16-19	1st	0.6	13:02	13:51	+49	26:53.46	8:39.3	26.88	26:54.08	49.6%
16	010	Kate Buchanan (F10)	9	F01-12	3rd	0.5			27:29.33	8:50.9	27.48	27:29.85	62.1%	
17	058	Tracy Polley (F44)	10	F40-44	1st	1.8	13:44	13:48	+4	27:31.64	8:51.6	27.52	27:33.46	57.5%
18	070	Laurie Underwood (F54)	11	F50-54	GM	0.5	13:24	14:24	+60	27:47.53	8:56.7	27.78	27:48.07	64.1%
19	012	John Cartwright (M62)	8	M60-64	GM	7.6	13:47	14:12	+25	27:58.40	9:00.2	27.97	28:05.99	58.4%
20	008	Phillip Brooks (M53)	9	M50-54	1st	4.9			28:04.24	9:02.1	28.07	28:09.11	53.8%	
21	056	Chelsea Perkins (F25)	12	F25-29	1st	1.1			28:55.83	9:18.7	28.92	28:56.89	51.2%	
22	044	Garrett Majesko (M11)	10	M01-12	3rd	0.6	13:33	16:00	+147	29:33.30	9:30.8	29.55	29:33.85	51.8%
23	051	Delynn Morgan (F27)	13	F25-29	2nd	9.6			29:26.46	9:28.6	29.43	29:36.10	50.3%	
24	040	Emma Lasater (F12)	14	F01-12	4th	4.1	15:04	15:29	+25	30:33.66	9:50.2	30.55	30:37.78	53.3%
25	059	Candice Quilty (F29)	15	F25-29	3rd	---	15:09	15:37	+29	30:45.81	9:54.1	30.75	30:45.81	48.1%
26	013	Randi Castanuela (F52)	16	F50-54	1st	2.1	14:46	16:15	+90	31:01.34	9:59.1	31.02	31:03.46	55.9%
27	057	Garth Platt (M36)	11	M35-39	1st	5.9			31:37.03	10:10.6	31.62	31:42.92	41.9%	
28	060	Sarah Roland (F33)	17	F30-34	2nd	---			33:41.00	10:50.5	33.68	33:41.00	44.1%	
29	064	Deanna Smith (F46)	18	F45-49	2nd	3.1			34:29.91	11:06.2	34.48	34:33.03	46.8%	
30	077	Kym Toeters (F47)	19	F45-49	3rd	4.7			34:43.39	11:10.6	34.72	34:48.07	47.0%	
31	009	Jenny Brooks (F49)	20	F45-49	4th	4.6	17:38	17:40	+2	35:18.64	11:21.9	35.30	35:23.26	47.3%
32	072	Linda Wallace (F58)	21	F55-59	1st	4.7	17:39	17:40	+1	35:18.60	11:21.9	35.30	35:23.29	53.2%
33	065	Monica Spencer (F38)	22	F35-39	2nd	17.4			35:11.18	11:19.5	35.18	35:28.59	43.1%	
34	023	Rebekah Freeman (F14)	23	F13-15	2nd	15.1			35:23.90	11:23.6	35.38	35:39.04	44.4%	
35	020	Elizabeth Freeman (F6)	24	F01-12	5th	15.1	17:43	18:14	+32	35:57.06	11:34.3	35.95	36:12.19	54.3%
36	062	Luis Sandoval (M24)	12	M20-24	1st	1.6	17:42	18:50	+68	36:32.64	11:45.7	36.53	36:34.28	35.3%
37	001	Erin Baldwin (F29)	25	F25-29	4th	6.8	18:36	19:04	+27	37:40.28	12:07.5	37.67	37:47.03	39.3%
38	038	Brooke Kaszynski (F13)	26	F13-15	3rd	---	17:00	21:02	+242	38:01.91	12:14.5	38.02	38:01.91	42.0%
39	036	Damon Hogg (M23)	13	M20-24	2nd	10.8			38:42.62	12:27.6	38.70	38:53.41	33.3%	
40	007	Blake Bolen (M24)	14	M20-24	3rd	11.9	18:54	19:49	+55	38:42.51	12:27.5	38.70	38:54.42	33.3%
41	005	Parker Betty (M8)	15	M01-12	5th	7.2	17:19	21:57	+278	39:15.54	12:38.2	39.25	39:22.71	43.4%
42	011	Hedi Bucy (F53)	27	F50-54	2nd	15.0			39:14.64	12:37.9	39.23	39:29.61	44.8%	
43	017	Michelle Cudd (F37)	28	F35-39	3rd	19.6			39:10.43	12:36.5	39.17	39:30.00	38.5%	
44	048	Carolyn McMenemon (F23)	29	F20-24	1st	4.0	18:57	20:35	+98	39:32.21	12:43.5	39.53	39:36.21	37.4%
45	018	Mary Doyle (F10)	30	F01-12	6th	1.9	17:58	22:26	+268	40:23.97	13:00.2	40.38	40:25.84	42.2%
46	024	Rebecka Frey (F40)	31	F40-44	2nd	19.9	20:29	19:53	-36	40:21.93	12:59.5	40.35	40:41.82	38.0%
47	066	Michaela Stallings (F8)	32	F01-12	7th	0.7			40:41.40	13:05.8	40.68	40:42.13	44.5%	

48	067	Mike Stallings (M37)	16	M35-39	2nd	0.5				40:42.35	13:06.1	40.70	40:42.82	32.8%
49	074	Shantelle Lawler (F43)	33	F40-44	3rd	4.7	19:20	21:21	+121	40:40.26	13:05.4	40.67	40:45.00	38.6%
50	075	Leah Lawler (F16)	34	F16-19	1st	5.6	19:20	21:20	+120	40:40.21	13:05.4	40.67	40:45.79	37.6%
51	004	Sharon Betty (F60)	35	F60-64	1st	8.3	20:56	21:07	+11	42:02.17	13:31.8	42.03	42:10.52	46.0%
52	050	Kylie Moretz (F12)	36	F01-12	8th	10.1	19:10	22:54	+224	42:04.82	13:32.7	42.07	42:14.96	38.7%
53	069	Ray Taylor (M51)	17	M50-54	2nd	10.0				42:06.17	13:33.1	42.10	42:16.22	35.3%
54	003	Amanda Betty (F28)	37	F25-29	5th	7.6	20:15	22:16	+120	42:30.98	13:41.1	42.50	42:38.57	34.8%
55	073	Ruth Weddle (F32)	38	F30-34	3rd	11.0	20:46	23:26	+160	44:11.64	14:13.5	44.18	44:22.67	33.6%
56	081	Kaitline Harris (F12)	39	F01-12	9th	13.4	21:37	22:33	+56	44:10.55	14:13.1	44.17	44:23.98	36.9%
57	033	Carol Harris (F56)	40	F55-59	2nd	14.5				44:09.89	14:12.9	44.15	44:24.38	41.4%
58	071	Brett Wallace (M59)	18	M55-59	1st	5.1				47:23.24	15:15.2	47.38	47:28.39	33.6%
59	016	Claudia Cortez (F43)	41	F40-44	4th	315.4	26:20	15:54	-626	42:14.59	13:35.8	42.23	47:30.00	37.1%
60	002	Tyler Bazan (F8)	42	F01-12	10th	6.3	22:41	25:25	+164	48:06.49	15:29.1	48.10	48:12.76	37.7%
61	031	Jeni Greene (F31)	43	F30-34	4th	6.0	22:39	25:28	+169	48:06.97	15:29.2	48.10	48:13.02	30.8%
62	028	Katie Gee (F31)	44	F30-34	5th	2.5	22:47	25:24	+157	48:11.05	15:30.5	48.18	48:13.57	30.7%
63	047	Wendy Massey (F41)	45	F40-44	5th	2.5	22:45	25:28	+162	48:12.79	15:31.1	48.20	48:15.27	32.0%
64	061	Micaela Romero (F37)	46	F35-39	4th	4.0				48:12.26	15:30.9	48.20	48:16.30	31.3%
65	055	Lynn Orsini (F44)	47	F40-44	6th	3.0				48:15.22	15:31.9	48.25	48:18.17	32.8%
66	014	Catherine Chambers (F48)	48	F45-49	5th	13.2				50:23.58	16:13.2	50.38	50:36.80	32.8%
			36 Positive Split		2 Negative Split		Average Finish Time:			35:05	Average Age Grade:		47.35%	