

Get Fit GP 5K, March 29, 2014, Grand Prairie

Results By RunTIME Racing Services [www.run-time.com](http://www.run-time.com)

5K Timed

Female Overall Winners

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	MAGALY SOTO	ARLINGTON	1521	37	3	20:41.7	20:43.4	6:39/M

Male Overall Winners

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	JOHN MORGAN		1515	43	1	17:52.2	17:53.5	5:45/M

Female Masters Winners

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	TERESA JO COX	FORT WORTH	1431	54	25	24:54.5	25:51.1	8:00/M

Male Masters Winners

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	PATRICK HERGENROTHER	MANSFIELD	1305	53	6	21:37.1	21:44.5	6:57/M

Male 8 & Under

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	RYAN CAMACHO	JOSHUA	1358	8	113	40:56.6	40:58.3	13:10/M
2	NILES THOMAS	GRAND PRAIRIE	1339	7	142	47:30.8	48:22.1	15:16/M
3	TRENTON PARKER	GRAND PRAIRIE	1472	6	144	47:40.8	48:22.4	15:20/M

Female 9 to 10

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	DEJA HOCKETT		1496	10	75	32:53.2	33:08.7	10:34/M
2	DALILAH RODRIGUEZ	GRAND PRAIRIE	1329	10	78	33:24.8	33:28.4	10:44/M
3	KARINA OROZCO	GRAND PRAIRIE	1325	9	109	39:18.3	39:21.3	12:38/M
4	ELIZABETH THOMAS	GRAND PRAIRIE	1338	9	171	54:49.1	55:39.7	17:38/M

**Male 9 to 10**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	CARLOS MENDOZA	DUNCANVILLE	1322	10	162	51:31.9	52:12.6	16:34/M

**Female 11 to 12**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	BROOKE NEWSOME	MIDLOTHIAN	1394	12	68	31:09.5	31:12.6	10:01/M
2	ANGELS TRAYLON	DUNCANVILLE	1409	11	100	36:46.5	37:13.0	11:49/M

**Male 11 to 12**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	RAFAEL RODRIGUEZ	GRAND PRAIRIE	1333	11	11	22:37.2	22:40.2	7:16/M
2	JULIUS LUNA		1460	12	12	22:38.8	22:40.0	7:17/M
3	ALEX RODRIGUEZ	GRAND PRAIRIE	1327	12	20	24:10.5	24:12.9	7:46/M

**Female 13 to 14**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	HALEY RODRIGUEZ	GRAND PRAIRIE	1330	14	17	23:56.3	23:59.7	7:42/M
2	ANNA LENKOWSKY	GRAND PRAIRIE	1388	13	108	39:07.8	39:14.9	12:35/M

**Male 13 to 14**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	MAX WITHERS	GRAND PRAIRIE	1340	13	143	47:32.7	48:21.9	15:17/M

**Male 15 to 16**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	MARK LUNA		1461	15	74	32:34.3	32:35.9	10:28/M
2	BRANDON GRUDECKI	GRAND PRAIRIE	1335	15	107	39:04.9	39:57.5	12:34/M

**Male 17 to 19**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	CARLOS GUDARRAMA	GRAND PRAIRIE	1520	18	2	18:40.9	18:41.9	6:00/M
2	JOSHUA COULTER	GRAND PRAIRIE	1347	17	32	25:36.7	26:24.6	8:14/M
3	KC PIERCE	IRVING	1475	19	86	34:25.5	35:01.7	11:04/M

**Female 20 to 24**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	BELINDA DAVIS	GRAND PRAIRIE	1348	24	39	26:43.2	27:25.2	8:35/M
2	NIKKI FUNDERBURK	KENNEDALE	1302	21	46	28:10.5	28:19.3	9:03/M
3	KORLU GARTEH	KENNEDALE	1444	23	50	28:46.1	28:53.0	9:15/M
4	LAURA YOKELL	IRVING	1492	21	87	34:25.7	35:01.9	11:04/M
5	FUNKE FAYOYIN	ARLINGTON	1361	24	154	50:18.3	50:33.4	16:10/M
6	JESSICA GOINES	FORT WORTH	1362	24	173	57:27.0	57:44.1	18:28/M

**Male 20 to 24**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	RYAN BROWN	GRAND PRAIRIE	1346	23	10	22:28.9	23:09.7	7:13/M
2	KIRK BOSILLO	ARLINGTON	1422	24	49	28:45.8	28:52.8	9:15/M
3	JACOB PARMA	ARLINGTON	1310	24	61	29:50.4	29:59.5	9:36/M
4	PARKER MATHIAS	GRAND PRAIRIE	1336	22	80	33:26.5	34:15.4	10:45/M
5	JEREMY SAVALA	ARLINGTON	1486	24	83	34:02.3	34:27.4	10:57/M

**Female 25 to 29**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	ASHTON WARZECHA	GRAND PRAIRIE	1489	25	34	26:02.6	26:19.3	8:22/M
2	DEIDRE SANCHEZ	ARLINGTON	1485	29	40	26:44.1	27:01.8	8:36/M
3	ALEXIS AIPPERSBACH	ARLINGTON	1353	27	42	26:48.1	27:06.2	8:37/M
4	SHARDE ANTONIO	GRAND PRAIRIE	1414	25	97	36:36.4	36:55.6	11:46/M
5	MELISSA TURKETT	CEDAR HILL	1488	25	101	37:19.1	37:45.8	12:00/M
6	MIREYA PADRON	GRAND PRAIRIE	1326	29	111	39:36.9	39:43.2	12:44/M
7	CARI HOLT	GRAND PRAIRIE	1454	26	119	41:53.7	41:53.7	13:28/M
8	FALON BAILEY	GRAND PRAIRIE	1415	29	126	43:02.9	43:06.8	13:50/M

**Male 25 to 29**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	MICHAEL FAVELLA		1506	26	24	24:49.3	24:53.1	7:59/M
2	RICHARD CEDERSTROM	GRAND PRAIRIE	1427	29	56	29:18.0	29:23.8	9:25/M
3	MICHAEL WARZECHA	GRAND PRAIRIE	1490	25	73	32:22.6	32:40.6	10:24/M
4	COREY STEFANOWICZ	GRAND PRAIRIE	1337	25	79	33:25.7	34:14.3	10:45/M
5	JORDAN AGEE	GRAND PRAIRIE	1411	25	98	36:36.9	36:55.7	11:46/M

6	DARYL MAYFIELD	IRVING	1369	29	105	38:11.2	38:27.8	12:17/M
7	RAFAEL LUGO	GRAND PRAIRIE	1368	28	120	41:57.4	42:14.4	13:29/M
8	CHRISTINE SPOON	FORT WORTH	1377	27	139	46:01.0	46:19.1	14:48/M
9	KEHINDE OSIYOYE	ARLINGTON	1373	26	153	50:17.8	50:33.0	16:10/M

#### Female 30 to 34

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	SAMANTHA PAUL	ARLINGTON	1311	31	55	29:17.1	29:37.6	9:25/M
2	STEPHANIE PITTMAN	MANSFIELD	1350	32	65	30:31.9	30:34.9	9:49/M
3	LAQUITA CHAMBERS	GRAND PRAIRIE	1398	31	69	31:26.9	31:56.4	10:06/M
4	JENNIFER DEBAUN	GRAND PRAIRIE	1349	31	71	31:30.9	31:34.0	10:08/M
5	ANGIE RODRIGUEZ	GRAND PRAIRIE	1328	34	82	33:47.8	33:52.1	10:52/M
6	CANDICE DUPLESSIS	IRVING	1399	30	84	34:12.9	34:40.3	11:00/M
7	CLAUDIA CRUZ	GRAND PRAIRIE	1432	32	110	39:36.6	39:43.1	12:44/M
8	LEANN HOLT	GRAND PRAIRIE	1455	33	116	41:16.0	41:53.5	13:16/M
9	CHARLOTTE SALCEDO	GRAND PRAIRIE	1483	31	122	42:08.4	42:22.4	13:33/M
10	TIFFANI BALES	FORT WORTH	1416	32	145	47:49.4	48:02.0	15:23/M
11	MICHA ARCHEY	GRAND PRAIRIE	1319	31	147	47:53.4	48:41.4	15:24/M
12	TIFFANY ROSS	GRAND PRAIRIE	1482	32	156	50:49.7	51:03.8	16:20/M
13	NKECHI HARRIS	GRAND PRAIRIE	1450	31	159	50:56.2	51:57.3	16:23/M
14	TENISHA EVERETT	GRAND PRAIRIE	1400	32	163	51:33.3	52:01.5	16:35/M
15	MYISHA LONG	LANCASTER	1404	31	164	51:45.8	52:18.1	16:38/M
16	MARIA DELEON	GRAND PRAIRIE	1436	31	167	53:09.8	53:47.6	17:05/M
17	THERESA ELLINGTON	GRAND PRAIRIE	1439	33	169	54:12.1	54:59.8	17:26/M
18	APRIL ROMAN		1479	33	172	55:58.8	56:07.0	18:00/M
19	NARA REED		1516	33	175	1:00:02.3	1:00:35.6	19:18/M
20	MARIA SYLVA		1487	34	177	1:01:14.9	1:01:50.5	19:41/M

#### Male 30 to 34

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	JAVIER GARCIA	ARLINGTON	1303	31	5	21:35.9	21:42.1	6:56/M
2	JUAN ESQUIVEL	VENUS	1301	30	27	25:16.0	25:25.4	8:07/M
3	JIMMY DOSUMU	FORT WORTH	1360	31	36	26:27.7	26:42.6	8:30/M
4	GERARDO CONTRERAS	GRAND PRAIRIE	1359	31	48	28:21.1	28:36.1	9:07/M
5	CHRISHER DELEON	GRAND PRAIRIE	1435	32	54	29:16.6	29:22.6	9:25/M

6	ALEXANDER ROMAN		1478	31	77	33:19.3	33:28.0	10:43/M
7	MICHAEL HARRIS	MANSFIELD	1365	34	117	41:44.8	42:02.0	13:25/M
8	MICHAEL SALCEDO	GRAND PRAIRIE	1484	34	121	42:08.3	42:22.1	13:33/M

#### Female 35 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	JOANNA DURAN	GRAND PRAIRIE	1504	35	22	24:33.6	24:36.0	7:54/M
2	CHYLOE BROWN	GRAND PRAIRIE	1382	39	35	26:14.2	26:21.4	8:26/M
3	LEIGH ANN EDDLEMON	GRAND PRAIRIE	1438	37	37	26:39.1	26:43.6	8:34/M
4	ALYSON MORGAN		1517	39	53	29:15.0	29:20.8	9:24/M
5	SHANYA STANSBERY	GRAND PRAIRIE	1397	38	58	29:22.6	29:24.9	9:27/M
6	DAWN JONES	GRAND PRAIRIE	1393	39	76	33:13.7	33:16.3	10:41/M
7	SHELLEY WHITLOW	MANSFIELD	1318	37	90	35:12.8	35:34.5	11:19/M
8	KIMBERLY BATES	GRAND PRAIRIE	1391	38	91	35:29.8	35:32.9	11:25/M
9	LATOYA FRAZIER	GRAND PRAIRIE	1401	38	99	36:37.8	37:06.8	11:46/M
10	IVETTE ROBAINA	GRAND PRAIRIE	1313	35	103	37:29.4	37:49.4	12:03/M
11	KIM TAI	GRAND PRAIRIE	1379	37	124	42:18.5	42:36.0	13:36/M
12	KRISTY BURNS		1505	35	127	43:15.1	44:08.4	13:54/M
13	LAURA RIBAIL	GRAND PRAIRIE	1395	38	133	44:14.4	44:26.7	14:13/M
14	LASHAWN PROCTOR	DUNCANVILLE	1405	39	134	45:04.6	45:30.3	14:29/M
15	CONI RODGERS	GRAND PRAIRIE	1477	37	135	45:32.0	45:45.0	14:38/M
16	IESHA SPARKS		1494	38	148	47:55.0	48:36.4	15:24/M
17	JENNIFER RODRIGUEZ	DALLAS	1396	37	151	48:45.5	48:59.3	15:41/M
18	NATALIE HOPKINS	DALLAS	1402	37	161	51:15.2	51:38.6	16:29/M

#### Male 35 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	RICARDO ROBAINA	GRAND PRAIRIE	1314	37	4	21:24.1	21:44.9	6:53/M
2	JOSE RODRIGUEZ	GRAND PRAIRIE	1331	38	7	21:51.9	21:56.5	7:02/M
3	JASON WALKER	GRAND PRAIRIE	1315	36	8	21:52.8	22:00.5	7:02/M
4	JUAN CONTRERAS		1430	37	9	21:54.6	21:58.4	7:03/M
5	DUBOIS KENNETH	ARLINGTON	1457	37	15	23:08.2	23:14.7	7:26/M
6	MICHAEL BOREN	GRAND PRAIRIE	1421	35	41	26:47.8	27:10.4	8:37/M
7	MICHAEL WHITLOW	MANSFIELD	1317	38	44	27:44.4	27:52.1	8:55/M
8	CECIL ADAMS	MANSFIELD	1351	38	64	30:21.1	30:35.3	9:46/M

9	JOHNSON BINDA	ARLINGTON	1356	36	92	35:38.8	35:54.9	11:27/M
10	PATRICK JIMISON	BURLESON	1367	37	118	41:49.4	42:05.9	13:27/M

#### Female 40 to 44

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	ROSE ALMANZA		1501	44	26	24:57.3	25:02.7	8:01/M
2	TONIA CLARK	DUNCANVILLE	1320	43	30	25:23.0	25:28.6	8:10/M
3	ANGIE BOOK	GRAND PRAIRIE	1345	41	33	25:46.7	26:26.9	8:17/M
4	LINDA PERROTTI	GRAND PRAIRIE	1474	44	52	28:52.2	29:14.1	9:17/M
5	JENNIFER HILL	GRAND PRAIRIE	1451	40	62	29:57.9	30:26.9	9:38/M
6	ANGELICA BUENTELLO		1519	41	66	30:40.4	30:50.3	9:52/M
7	SANDRA PAREDES	DALLAS	1470	44	85	34:19.9	34:28.2	11:02/M
8	BARBARA HOLLOWAY	ARLINGTON	1306	41	89	35:04.2	35:40.3	11:17/M
9	ANGELS NUNEZ	GRAND PRAIRIE	1466	42	96	36:24.1	36:29.4	11:42/M
10	DORIS MULUMBA		1465	40	112	40:22.2	40:28.9	12:59/M
11	D.D. WILSON	RED OAK	1491	41	141	46:03.4	46:27.4	14:48/M
12	SHARON PARKER	GRAND PRAIRIE	1471	40	146	47:52.6	48:34.3	15:23/M
13	JENNIFER ANDERSON	ARLINGTON	1355	41	150	48:29.5	48:48.2	15:35/M
14	TAJUANA SMITH	IRVING	1406	42	160	51:06.5	51:34.6	16:26/M
15	CONSUELO MENDOZA	DUNCANVILLE	1323	40	165	51:53.8	52:34.4	16:41/M
16	CHAROLETTE DUPREE		1437	42	168	53:56.5	54:21.1	17:21/M

#### Male 40 to 44

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	MARK MEYER	GRAND PRAIRIE	1512	40	18	23:59.0	24:01.4	7:43/M
2	BRIAN PHILLIPS	DALLAS	1374	44	38	26:39.4	26:54.1	8:34/M
3	PAUL BANKS	GRAND PRAIRIE	1418	41	45	27:46.9	27:53.4	8:56/M
4	MICHAEL WALSH	GRAND PRAIRIE	1316	41	51	28:49.6	29:10.0	9:16/M
5	BILLY FETTER	GRAND PRAIRIE	1441	40	95	36:24.0	36:29.0	11:42/M
6	LEANDRO GUZMAN	GRAND PRAIRIE	1364	44	104	37:52.2	38:07.7	12:11/M
7	GERARDO GUEVARA	GRAND PRAIRIE	1447	41	131	43:35.9	44:27.4	14:01/M

#### Female 45 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	STACEY ANSLEY	GRAND PRAIRIE	1341	46	60	29:40.6	29:45.6	9:32/M

2	JODY ADAMS	MANSFIELD	1352	45	63	30:20.6	30:35.0	9:45/M
3	CHERYL LENKOWSKY	GRAND PRAIRIE	1389	48	115	41:13.4	41:20.9	13:15/M
4	BRENDA WARD	GRAND PRAIRIE	1410	48	128	43:27.1	43:58.9	13:58/M
5	VERNETTA FREEMAN		1442	48	158	50:55.9	51:56.9	16:22/M
6	YVONNE MORENO	ARLINGTON	1309	48	170	54:48.1	55:09.1	17:37/M

#### Male 45 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	JOSE ESCOBEDO	GRAND PRAIRIE	1440	49	14	22:56.4	22:57.7	7:22/M
2	REVEIL MCNALLY	ARLINGTON	1370	49	19	24:03.8	24:20.0	7:44/M
3	PAUL MORENO	ARLINGTON	1308	47	59	29:29.5	29:50.7	9:29/M
4	HECTOR QUINTERO	COPPELL	1375	48	93	35:40.5	35:56.5	11:28/M
5	PATRICK ORTIZ	ARLINGTON	1372	45	140	46:01.7	46:19.2	14:48/M

#### Female 50 to 54

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	TAMMY LEHMAN	CROWLEY	1459	54	57	29:19.9	30:02.7	9:26/M
2	TERRI GRIFFITH	MIDLOTHIAN	1446	54	94	35:58.5	36:03.0	11:34/M
3	DEBORAH HOLMES	GRAND PRAIRIE	1453	54	129	43:35.0	43:44.0	14:01/M
4	DONNA MILLER	GRAND PRAIRIE	1462	52	130	43:35.0	43:44.2	14:01/M
5	MICHELLE DAVIS	GRAN	1392	54	152	48:45.8	49:00.3	15:41/M
6	LINDA STEEL		1518	51	174	59:17.4	59:50.7	19:04/M

#### Male 50 to 54

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	JOE FLENNIKEN		1497	50	13	22:54.3	23:13.6	7:22/M
2	DAVID OFFUTT	GRAND PRAIRIE	1468	52	16	23:13.1	23:18.2	7:28/M
3	MIKE HUTCHINS	GRAND PRAIRIE	1385	52	81	33:43.1	33:48.2	10:50/M
4	JOE HERNANDEZ	MIDLOTHIAN	1366	51	88	34:55.4	35:14.3	11:14/M
5	FRELON PAYTON III	ARLINGTON	1473	51	123	42:18.2	42:28.3	13:36/M
6	JOE CAMACHO	JOSHUA	1357	53	125	42:26.9	42:29.7	13:39/M
7	RAYMOND VICK	IRVING	1509	50	137	45:47.8	46:00.0	14:43/M

**Female 55 to 59**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	BARBARA JONES	GRAND PRAIRIE	1386	58	114	41:02.5	41:24.5	13:12/M
2	CARON SPEARS	GRAND PRAIRIE	1407	57	136	45:45.9	46:16.4	14:43/M
3	BARBARA VICK	IRVING	1508	55	138	45:48.6	46:00.1	14:44/M
4	DAWN ROSS	GRAND PRAIRIE	1480	59	155	50:49.4	51:03.9	16:20/M
5	DANA BALDRIDGE	GRAND PRAIRIE	1381	59	166	51:53.9	52:25.6	16:41/M
6	NORMA BOMAR	GRAND PRAIRIE	1420	59	176	1:01:14.1	1:01:50.6	19:41/M

**Male 55 to 59**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	MARK HEPWORTH		1513	59	29	25:21.1	25:25.5	8:09/M
2	ROGER WEBB	ARLINGTON	1380	57	43	27:37.9	27:55.4	8:53/M
3	IOK-HOU PANG	GRAND PRAIRIE	1469	57	47	28:20.1	28:42.2	9:07/M
4	VALENTINE SONNIER	DALLAS	1376	57	67	30:58.6	31:17.1	9:57/M
5	ANIS ALLY	KELLER	1354	57	70	31:27.9	31:43.8	10:07/M
6	STEVE COLLINS	GRAND PRAIRIE	1429	56	102	37:22.3	37:42.2	12:01/M
7	PAUL LENKOWSKY	GRAND PRAIRIE	1390	55	106	38:54.4	39:02.5	12:30/M
8	EARLE ROSS	GRAND PRAIRIE	1481	59	157	50:50.7	51:06.0	16:21/M

**Female 60 to 64**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	KIM ANDRES	IRVING	1549	61	28	25:16.5	25:21.2	8:07/M

**Male 60 to 64**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	ROBERT MCINTOSH	GRAND PRAIRIE	1500	63	21	24:17.4	24:20.4	7:48/M
2	JACK LAIB	GRAND PRAIRIE	1387	61	149	48:01.8	48:13.2	15:26/M

**Male 65 to 69**

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	JERRY MCWILLIAMS	GRAND PRAIRIE	1321	67	23	24:45.4	24:56.2	7:57/M
2	KENDALL BLACK	GRAND PRAIRIE	1419	65	31	25:26.3	25:30.0	8:11/M



**Male 70 to 74**

<b>Place</b>	<b>Name</b>	<b>City</b>	<b>Bib No</b>	<b>Age</b>	<b>Overall</b>	<b>Chip Time</b>	<b>Gun Time</b>	<b>Pace</b>
<b>1</b>	<b>JOSE GUERRA</b>		<b>1499</b>	<b>74</b>	<b>72</b>	<b>32:03.7</b>	<b>32:53.7</b>	<b>10:18/M</b>
<b>2</b>	<b>JIM FOGG</b>	<b>GRAND PRAIRIE</b>	<b>1334</b>	<b>72</b>	<b>132</b>	<b>43:48.8</b>	<b>44:29.5</b>	<b>14:05/M</b>