

RACE AGAINST MISOGYNY & SEXISM (RAMS VIII) 5K Run/Walk

(Held at Mike Lewis Park, Grand Prairie, TX on 7/12/2014)

"We've chosen the path to equality, don't let them turn us around."-- Geraldine Ferraro.

THE STATUS QUO MUST GO!

START 8:00 AM: Clear, 76.3 Deg F / 24.6 Deg C; 63% Humidity; Wind Dirn/Speed S / 4.6 mph

(Benefits SafeHaven of Tarrant County.)

(Timed finishers: 29 Female; 39 Male)

(Results provided by Jeph Abara jephaa@yahoo.com www.runningintheusa.com/jeph)

First Name	Last Name	Gender	Age	Age Grp	Bib #	Hometown	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Female Overall Winner												
Laura	Nelson	F	48	45-49	1748	Grapevine TX	20.12	6.30		1	3	
Male Overall Winner												
Logan	Lewis	M	16	15-19	2261	Bedford TX	19.52	6.24		1	1	
Female Masters Winner												
Cathy	Buchanan	F	52	50-54	1751	Ft Worth TX	20.53	6.43		3	7	
Male Masters Winner												
Donovan	Ross	M	43	40-44	1740	Waxahachie TX	20.39	6.39		4	5	
Carmen	Guerrero	F	12	12-14	2256		23.38	7.36	1	6	16	
Abby	Lewis	F	12	12-14	2260	Bedford TX	23.39	7.37	2	7	17	
Malorie	Rowe	F	13	12-14	2257		30.27	9.48	3	14	37	
Shannon	Slabberts	F	12	12-14	1747		37.13	11.59	4	21	53	Random
Alma	Autogot	F	17	15-19	2259		20.48	6.42	1	2	6	
Maddee	Rowe	F	15	15-19	2255		21.19	6.52	2	4	8	
Cindy	Crawford	F	17	15-19	2258		24.16	7.49	3	9	19	
Tiffani	Schmeisser	F	16	15-19	2248	Mansfield TX	31.07	10.01	4	16	41	Random
Alexa	Olson	F	24	20-24	2254		28.05	9.02	1	12	31	
Lauren	Gilbert	F	24	20-24	1722	Richardson TX	33.51	10.54	2	19	48	
Amanda	Lockhart	F	27	25-29	1743	Grand Prairie TX	27.26	8.50	3	11	29	
Moniqa	Paullet	F	27	25-29	1713	McKinney TX	39.43	12.47	4	22	56	Random
Cheryl	Donley	F	38	35-39	1726	Shorewood MN	25.21	8.10	1	10	22	
Leah	Smith	F	38	35-39	2247	Grand Prairie TX	49.04	15.48	2	28	66	
Natashe	Slabberts	F	41	40-44	1745		30.42	9.53	1	15	38	
Melinda	King	F	44	40-44	1721	Arlington TX	43.03	13.51	2	25	59	
Kelley	Hartsell	F	41	40-44	1708	Irving TX	44.58	14.28	3	27	63	
Fiona	Green	F	49	45-49	1733	Keller TX	21.36	6.57	1	5	12	

First Name	Last Name	Gender	Age	Age Grp	Bib #	Hometown	Finish Time (Mins. Secs)	Avg Pace		Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
								per Mile (5K = 3.107 mls)	(Mins. Secs)				
Cheryl	Jensen	F	48	45-49	1709	Trophy Club TX	31.07	10.01	2	17	42	Random	
Changlan	Zhang	F	48	45-49	1729	McKinney TX	33.15	10.42	3	18	45		
Mary Jo	Linscott	F	49	45-49	1749	Arlington TX	34.14	11.01	4	20	49		
Frances	McKissick	F	52	50-54	1703	Irving TX	24.15	7.48	1	8	18		
Cynthia	Lyle	F	57	55-59	1719	Arlington TX	28.09	9.04	1	13	32		
Susan	Fortin	F	69	65-69	2250	Arlington TX	40.11	12.56	1	24	58		
Janice	Snyder	F	67	65-69	1724	Dallas TX	43.26	13.59	2	26	60		
Jan	Richards	F	86	85 & Over	1737	Dallas TX	51.36	16.36	1	29	68		
NoName		F					39.44	12.47	1	23	57		
John	Slabberts	M	4	6b & Under	1752		34.45	11.11	1	30	50		
Nathan	Slabberts	M	10	9-11	1753		44.28	14.19	1	36	62		
Johnny	Beaman	M	14	12-14	1707	Grand Prairie TX	20.05	6.28	1	2	2		
Cameron	Ross	M	12	12-14	1706	Waxahachie TX	20.38	6.38	2	3	4		
Carnelius	Reed	M	15	15-19	1717	Prosper TX	29.12	9.24	1	21	34		
Trevor	Schmeisser	M	18	15-19	2252	Mansfield TX	38.19	12.20	2	33	54		
Zach	Wright	M	27	25-29	1731	Waxahachie TX	21.24	6.53	1	5	9		
Adam	Drennan	M	29	25-29	1738	Dallas TX	21.34	6.56	2	7	11		
Joe	Olson	M	27	25-29	2253	Arlington TX	26.08	8.25	3	15	25		
Eli	Gabaldon	M	26	25-29	1734	Carrollton TX	29.11	9.24	4	20	33	Random	
Paul	Box	M	34	30-34	1732	Waxahachie TX	21.25	6.54	1	6	10		
Phil	Gilbert	M	30	30-34	1723	Richardson TX	25.13	8.07	2	11	20		
Obe	Salahuddin	M	39	35-39	1718	Prosper TX	29.37	9.32	1	23	36		
Tjamas	Matthews	M	39	35-39	1716	Prosper TX	30.58	9.58	2	24	39		
Mark	Schmeisser	M	37	35-39	2246	Mansfield TX	31.02	9.59	3	25	40		
Brad	Armstrong	M	38	35-39	1710	Arlington TX	33.36	10.49	4	28	46	Random	
David	Lewis	M	43	40-44	2262	Bedford TX	22.35	7.16	1	10	15		
Mark	Norton	M	43	40-44	1727	Irving TX	25.16	8.08	2	12	21		
Morne	Slabberts	M	42	40-44	1746		35.48	11.31	3	31	51		
Curtiss	Linscott	M	49	45-49	1750	Arlington TX	29.26	9.28	1	22	35		
Glen	Powers	M	48	45-49	1712	Kennedale TX	36.59	11.54	2	32	52		
Bruce	Densford	M	52	50-54	1739	Grand Prairie TX	26.36	8.34	1	16	26		

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								per Mile (5K = 3.107 mls) (Mins. .Secs)					
Thomas	Brazina	M	50	50-54	1701	Denton TX	27.23	8.49	2	18	28		
Mike	Hutchins	M	52	50-54	1704	Grand Prairie TX	31.22	10.06	3	26	43		
Bradley	Gardner	M	56	55-59	1754	Ft Worth TX	22.02	7.05	1	8	13		
Rod	Swords	M	55	55-59	1741	Bedford TX	25.55	8.20	2	14	24		
Gerry	Murray	M	57	55-59	1711	Kennedale TX	47.36	15.19	3	38	65		
Shay	Smith	M	59	55-59	2249	Grand Prairie TX	49.08	15.49	4	39	67	Random	
Jim	Sansone	M	64	60-64	1730	Arlington TX	22.06	7.07	1	9	14		
Maxx	Pomm	M	64	60-64	1728	Dallas TX	27.50	8.57	2	19	30		
Mark	Johnson	M	64	60-64	1702	Colleyville TX	33.38	10.50	3	29	47		
Kendall	Black	M	65	65-69	1735	Grand Prairie TX	25.50	8.19	1	13	23		
Michael	Fortin	M	69	65-69	2251	Arlington TX	38.37	12.26	2	34	55		
Mike	Pryal	M	71	70-74	1742	Grand Prairie TX	31.49	10.14	1	27	44		
Ken	Brewer	M	77	75-79	2263	Arlington TX	26.39	8.35	1	17	27		
James	Thruston	M	77	75-79	1725	Dallas TX	44.59	14.29	2	37	64		
Richard	Widener	M	87	85 & Over	1744	Irving TX	43.53	14.07	1	35	61		

SOULS & SOLES RESULTS as reported in the print press.

Tiffani	Schmeisser	F	16	Souls & Soles I	2248	Mansfield TX	31.07	10.01	1	16	41	Random
Shannon	Slabberts	F	12	Souls & Soles I	1747		37.13	11.59	2	21	53	Random
Mary Jo	Linscott	F	49	Souls & Soles II	1749	Arlington TX	34.14	11.01	1	20	49	Random
Moniqa	Paullet	F	27	Souls & Soles II	1713	McKinney TX	39.43	12.47	2	22	56	Random
Eli	Gabaldon	M	26	Souls & Soles I	1734	Carrollton TX	29.11	9.24	1	20	33	Random
Brad	Armstrong	M	38	Souls & Soles I	1710	Arlington TX	33.36	10.49	2	28	46	Random
Shay	Smith	M	59	Souls & Soles I	2249	Grand Prairie TX	49.08	15.49	3	39	67	Random

SORTED BY OVERALL FINISH.

Logan	Lewis	M	16	15-19	2261	Bedford TX	19.52	6.24	M OA	1	1
Johnny	Beaman	M	14	12-14	1707	Grand Prairie TX	20.05	6.28	1	2	2
Laura	Nelson	F	48	45-49	1748	Grapevine TX	20.12	6.30	F OA	1	3
Cameron	Ross	M	12	12-14	1706	Waxahachie TX	20.38	6.38	2	3	4
Donovan	Ross	M	43	40-44	1740	Waxahachie TX	20.39	6.39	M MST	4	5
Alma	Autogot	F	17	15-19	2259		20.48	6.42	1	2	6
Cathy	Buchanan	F	52	50-54	1751	Ft Worth TX	20.53	6.43	F MST	3	7
Maddee	Rowe	F	15	15-19	2255		21.19	6.52	2	4	8
Zach	Wright	M	27	25-29	1731	Waxahachie TX	21.24	6.53	1	5	9

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								per Mile (5K = 3.107 mls)	(Mins. .Secs)				
Paul	Box	M	34	30-34	1732	Waxahachie TX	21.25	6.54	1	6	10		
Adam	Drennan	M	29	25-29	1738	Dallas TX	21.34	6.56	2	7	11		
Fiona	Green	F	49	45-49	1733	Keller TX	21.36	6.57	1	5	12		
Bradley	Gardner	M	56	55-59	1754	Ft Worth TX	22.02	7.05	1	8	13		
Jim	Sansone	M	64	60-64	1730	Arlington TX	22.06	7.07	1	9	14		
David	Lewis	M	43	40-44	2262	Bedford TX	22.35	7.16	1	10	15		
Carmen	Guerrero	F	12	12-14	2256		23.38	7.36	1	6	16		
Abby	Lewis	F	12	12-14	2260	Bedford TX	23.39	7.37	2	7	17		
Frances	McKissick	F	52	50-54	1703	Irving TX	24.15	7.48	1	8	18		
Cindy	Crawford	F	17	15-19	2258		24.16	7.49	3	9	19		
Phil	Gilbert	M	30	30-34	1723	Richardson TX	25.13	8.07	2	11	20		
Mark	Norton	M	43	40-44	1727	Irving TX	25.16	8.08	2	12	21		
Cheryl	Donley	F	38	35-39	1726	Shorewood MN	25.21	8.10	1	10	22		
Kendall	Black	M	65	65-69	1735	Grand Prairie TX	25.50	8.19	1	13	23		
Rod	Swords	M	55	55-59	1741	Bedford TX	25.55	8.20	2	14	24		
Joe	Olson	M	27	25-29	2253	Arlington TX	26.08	8.25	3	15	25		
Bruce	Densford	M	52	50-54	1739	Grand Prairie TX	26.36	8.34	1	16	26		
Ken	Brewer	M	77	75-79	2263	Arlington TX	26.39	8.35	1	17	27		
Thomas	Brazina	M	50	50-54	1701	Denton TX	27.23	8.49	2	18	28		
Amanda	Lockhart	F	27	25-29	1743	Grand Prairie TX	27.26	8.50	3	11	29		
Maxx	Pomm	M	64	60-64	1728	Dallas TX	27.50	8.57	2	19	30		
Alexa	Olson	F	24	20-24	2254		28.05	9.02	1	12	31		
Cynthia	Lyle	F	57	55-59	1719	Arlington TX	28.09	9.04	1	13	32		
Eli	Gabaldon	M	26	25-29	1734	Carrollton TX	29.11	9.24	4	20	33	Random	
Carnelius	Reed	M	15	15-19	1717	Prosper TX	29.12	9.24	1	21	34		
Curtiss	Linscott	M	49	45-49	1750	Arlington TX	29.26	9.28	1	22	35		
Obe	Salahuddin	M	39	35-39	1718	Prosper TX	29.37	9.32	1	23	36		
Malorie	Rowe	F	13	12-14	2257		30.27	9.48	3	14	37		
Natashe	Slabberts	F	41	40-44	1745		30.42	9.53	1	15	38		
Tjamas	Matthews	M	39	35-39	1716	Prosper TX	30.58	9.58	2	24	39		
Mark	Schmeisser	M	37	35-39	2246	Mansfield TX	31.02	9.59	3	25	40		
Tiffani	Schmeisser	F	16	15-19	2248	Mansfield TX	31.07	10.01	4	16	41	Random	
Cheryl	Jensen	F	48	45-49	1709	Trophy Club TX	31.07	10.01	2	17	42		
Mike	Hutchins	M	52	50-54	1704	Grand Prairie TX	31.22	10.06	3	26	43		
Mike	Pryal	M	71	70-74	1742	Grand Prairie TX	31.49	10.14	1	27	44		
Changlan	Zhang	F	48	45-49	1729	McKinney TX	33.15	10.42	3	18	45		
Brad	Armstrong	M	38	35-39	1710	Arlington TX	33.36	10.49	4	28	46	Random	
Mark	Johnson	M	64	60-64	1702	Colleyville TX	33.38	10.50	3	29	47		
Lauren	Gilbert	F	24	20-24	1722	Richardson TX	33.51	10.54	2	19	48		
Mary Jo	Linscott	F	49	45-49	1749	Arlington TX	34.14	11.01	4	20	49	Random	
John	Slabberts	M	4	6b & Under	1752		34.45	11.11	1	30	50		
Morne	Slabberts	M	42	40-44	1746		35.48	11.31	3	31	51		
Glen	Powers	M	48	45-49	1712	Kennedale TX	36.59	11.54	2	32	52		
Shannon	Slabberts	F	12	12-14	1747		37.13	11.59	4	21	53	Random	
Trevor	Schmeisser	M	18	15-19	2252	Mansfield TX	38.19	12.20	2	33	54		
Michael	Fortin	M	69	65-69	2251	Arlington TX	38.37	12.26	2	34	55		
Moniqa	Paullet	F	27	25-29	1713	McKinney TX	39.43	12.47	4	22	56	Random	

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								per Mile (5K = 3.107 mls) (Mins. .Secs)	Place				
NoName		F					39.44	12.47	1	23	57		
Susan	Fortin	F	69	65-69	2250	Arlington TX	40.11	12.56	1	24	58		
Melinda	King	F	44	40-44	1721	Arlington TX	43.03	13.51	2	25	59		
Janice	Snyder	F	67	65-69	1724	Dallas TX	43.26	13.59	2	26	60		
Richard	Widener	M	87	85 & Over	1744	Irving TX	43.53	14.07	1	35	61		
Nathan	Slabberts	M	10	9-11	1753		44.28	14.19	1	36	62		
Kelley	Hartsell	F	41	40-44	1708	Irving TX	44.58	14.28	3	27	63		
James	Thruston	M	77	75-79	1725	Dallas TX	44.59	14.29	2	37	64		
Gerry	Murray	M	57	55-59	1711	Kennedale TX	47.36	15.19	3	38	65		
Leah	Smith	F	38	35-39	2247	Grand Prairie TX	49.04	15.48	2	28	66		
Shay	Smith	M	59	55-59	2249	Grand Prairie TX	49.08	15.49	4	39	67	Random	
Jan	Richards	F	86	85 & Over	1737	Dallas TX	51.36	16.36	1	29	68		