

Resolution Run 5K  
Jan. 11, 2014, Highland Village

Powered by RedBarn Systems.

Fastest

Category	Bib	Name	Avg Mile	Time
Male	94	Chris Shirk	05:35.6	00:17:22.55
Male Master	193	John Reed	06:00.5	00:18:40.10
Female	53	Regina Kaplan-Rakowski	06:40.2	00:20:43.49
Female Master	159	Kathy Hudson	07:46.8	00:24:10.38

5K M 0-10

Place	Bib	Name	Avg Mile	ScanTime	Total Time
1	134	Luke Halcomb	08:43.6	27:06	27:06.86
2	170	Zack Herzog	11:30.0	35:43	35:43.96

**5K M 11-12**

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>188</b>	<b>Collier Mershon</b>	<b>07:01.0</b>	<b>21:48</b>	<b>21:48.16</b>
<b>2</b>	<b>149</b>	<b>Nick Graceffa</b>	<b>09:49.2</b>	<b>30:30</b>	<b>30:30.77</b>

**5K M 13-14**

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>68</b>	<b>Jonathan McAlister</b>	<b>06:00.1</b>	<b>18:38</b>	<b>18:38.82</b>
<b>2</b>	<b>142</b>	<b>Eddie Marcoe</b>	<b>07:03.5</b>	<b>21:55</b>	<b>21:55.82</b>
<b>3</b>	<b>47</b>	<b>Nik Hannemann</b>	<b>08:32.4</b>	<b>26:31</b>	<b>26:31.86</b>
<b>4</b>	<b>201</b>	<b>Roman Coe</b>	<b>09:51.2</b>	<b>30:36</b>	<b>30:36.75</b>

**5K M 15-19**

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>165</b>	<b>Nolan Beilstein</b>	<b>06:12.9</b>	<b>19:18</b>	<b>19:18.49</b>
<b>2</b>	<b>187</b>	<b>Gavin Hopkins</b>	<b>06:21.7</b>	<b>19:45</b>	<b>19:45.99</b>
<b>3</b>	<b>25</b>	<b>Matthew Day</b>	<b>06:27.0</b>	<b>20:02</b>	<b>20:02.47</b>
<b>4</b>	<b>90</b>	<b>beverly Radican</b>	<b>10:17.5</b>	<b>31:58</b>	<b>31:58.55</b>

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5K M 20-29

Place	Bib	Name	Avg Mile	SportTime	Total Time
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<b>8</b>	<b>179</b>	<b>Matt Leggett</b>	<b>11:50.7</b>	<b>36:47</b>	<b>36:47.99</b>
<b>9</b>	<b>167</b>	<b>Jason Durham</b>	<b>16:13.9</b>	<b>50:25</b>	<b>50:25.93</b>

5K M 40-49

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>200</b>	<b>Mark Wiez</b>	<b>06:13.9</b>	<b>19:21</b>	<b>19:21.58</b>
<b>2</b>	<b>86</b>	<b>Chung Pham</b>	<b>06:52.0</b>	<b>21:20</b>	<b>21:20.05</b>
<b>3</b>	<b>186</b>	<b>Dave Martin</b>	<b>06:53.7</b>	<b>21:25</b>	<b>21:25.41</b>
<b>4</b>	<b>28</b>	<b>Philip DeYoung</b>	<b>07:02.9</b>	<b>21:53</b>	<b>21:53.85</b>
<b>5</b>	<b>109</b>	<b>Brandon Wilson</b>	<b>07:04.7</b>	<b>21:59</b>	<b>21:59.41</b>
<b>6</b>	<b>93</b>	<b>William Shipp</b>	<b>07:28.3</b>	<b>23:12</b>	<b>23:12.85</b>
<b>7</b>	<b>182</b>	<b>Bruce Bacon</b>	<b>07:34.9</b>	<b>23:33</b>	<b>23:33.29</b>
<b>8</b>	<b>67</b>	<b>troy manning</b>	<b>07:57.9</b>	<b>24:44</b>	<b>24:44.71</b>
<b>9</b>	<b>37</b>	<b>Jason Frey</b>	<b>08:20.6</b>	<b>25:55</b>	<b>25:55.29</b>
<b>10</b>	<b>139</b>	<b>Byron Lindsey</b>	<b>08:36.4</b>	<b>26:44</b>	<b>26:44.40</b>
<b>11</b>	<b>70</b>	<b>Ed McGarry</b>	<b>08:41.0</b>	<b>26:58</b>	<b>26:58.71</b>
<b>12</b>	<b>42</b>	<b>Keith Graham</b>	<b>08:54.9</b>	<b>27:42</b>	<b>27:42.00</b>
<b>13</b>	<b>17</b>	<b>Jeff Buschow</b>	<b>09:06.7</b>	<b>28:18</b>	<b>28:18.55</b>
<b>14</b>	<b>55</b>	<b>Eric Kuefler</b>	<b>09:08.6</b>	<b>28:24</b>	<b>28:24.52</b>
<b>15</b>	<b>173</b>	<b>Marco R. Nardelli</b>	<b>09:14.4</b>	<b>28:42</b>	<b>28:42.47</b>

<b>16</b>	<b>204</b>	<b>Chris Johnson</b>	<b>09:23.9</b>	<b>29:11</b>	<b>29:11.99</b>
<b>17</b>	<b>107</b>	<b>joseph white</b>	<b>09:39.2</b>	<b>29:59</b>	<b>29:59.47</b>
<b>18</b>	<b>59</b>	<b>Scott Lang</b>	<b>10:06.7</b>	<b>31:24</b>	<b>31:24.88</b>
<b>19</b>	<b>16</b>	<b>Bryan Buchanan</b>	<b>10:19.3</b>	<b>32:04</b>	<b>32:04.00</b>
<b>20</b>	<b>177</b>	<b>Todd Norris</b>	<b>10:34.5</b>	<b>32:51</b>	<b>32:51.24</b>
<b>21</b>	<b>1</b>	<b>Rene Abreo</b>	<b>11:42.8</b>	<b>36:23</b>	<b>36:23.52</b>
<b>22</b>	<b>73</b>	<b>Mike McWilliams</b>	<b>11:43.0</b>	<b>36:24</b>	<b>36:24.17</b>
<b>23</b>	<b>7</b>	<b>David Andrews</b>	<b>12:03.9</b>	<b>37:29</b>	<b>37:29.21</b>
<b>24</b>	<b>126</b>	<b>Kevin Ball</b>	<b>12:12.7</b>	<b>37:56</b>	<b>37:56.36</b>
<b>25</b>	<b>136</b>	<b>Buddy Tucker</b>	<b>12:22.5</b>	<b>38:27</b>	<b>38:27.02</b>
<b>26</b>	<b>79</b>	<b>Andrew Neubauer</b>	<b>12:53.9</b>	<b>40:04</b>	<b>40:04.58</b>
<b>27</b>	<b>196</b>	<b>Keith L Haas</b>	<b>14:21.0</b>	<b>44:35</b>	<b>44:35.04</b>

5K M 50-59

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>157</b>	<b>Jeff Williams</b>	<b>06:59.9</b>	<b>21:44</b>	<b>21:44.68</b>
<b>2</b>	<b>40</b>	<b>John Gilberti</b>	<b>07:05.9</b>	<b>22:03</b>	<b>22:03.40</b>
<b>3</b>	<b>49</b>	<b>James Heerwagen</b>	<b>07:24.9</b>	<b>23:02</b>	<b>23:02.36</b>
<b>4</b>	<b>96</b>	<b>Andrew Smith</b>	<b>07:28.8</b>	<b>23:14</b>	<b>23:14.27</b>
<b>5</b>	<b>131</b>	<b>Brent Jones</b>	<b>07:30.7</b>	<b>23:48</b>	<b>23:48.20</b>

<b>6</b>	<b>144</b>	<b>Eric Armstrong</b>	<b>07:49.3</b>	<b>24:18</b>	<b>24:18.05</b>
<b>7</b>	<b>54</b>	<b>Christopher Kobos</b>	<b>07:51.1</b>	<b>24:23</b>	<b>24:23.74</b>
<b>8</b>	<b>155</b>	<b>Bill Stone</b>	<b>07:58.9</b>	<b>24:47</b>	<b>24:47.80</b>
<b>9</b>	<b>171</b>	<b>Kbrad Gurney</b>	<b>08:10.2</b>	<b>25:23</b>	<b>25:23.18</b>
<b>10</b>	<b>98</b>	<b>Bryan Stockton</b>	<b>08:30.2</b>	<b>26:25</b>	<b>26:25.13</b>
<b>11</b>	<b>199</b>	<b>Scott Hesketh</b>	<b>09:04.0</b>	<b>28:10</b>	<b>28:10.05</b>
<b>12</b>	<b>60</b>	<b>Mike Lavelle</b>	<b>10:05.1</b>	<b>31:19</b>	<b>31:19.90</b>
<b>13</b>	<b>114</b>	<b>Eric Edwards</b>	<b>10:07.3</b>	<b>31:26</b>	<b>31:26.82</b>
<b>14</b>	<b>82</b>	<b>John O'Neill</b>	<b>10:12.5</b>	<b>31:42</b>	<b>31:42.88</b>
<b>15</b>	<b>132</b>	<b>Rick Robinson</b>	<b>10:13.4</b>	<b>31:45</b>	<b>31:45.90</b>
<b>16</b>	<b>116</b>	<b>Frank Daniels</b>	<b>10:44.2</b>	<b>33:21</b>	<b>33:21.38</b>
<b>17</b>	<b>163</b>	<b>Steve Marsh</b>	<b>14:30.4</b>	<b>45:04</b>	<b>45:04.32</b>
<b>18</b>	<b>85</b>	<b>Noel Peterson</b>	<b>15:50.1</b>	<b>49:11</b>	<b>49:11.79</b>

5K M 60 and Over

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>172</b>	<b>John Nance</b>	<b>07:52.1</b>	<b>24:26</b>	<b>24:26.79</b>
<b>2</b>	<b>195</b>	<b>Coleman Kavanagh</b>	<b>08:08.1</b>	<b>25:16</b>	<b>25:16.44</b>
<b>3</b>	<b>156</b>	<b>Maxx Pomm</b>	<b>08:35.2</b>	<b>26:40</b>	<b>26:40.71</b>
<b>4</b>	<b>112</b>	<b>Gary Milburn</b>	<b>08:42.5</b>	<b>27:03</b>	<b>27:03.44</b>

<b>5</b>	<b>89</b>	<b>Larry Pritchard</b>	<b>09:14.9</b>	<b>28:43</b>	<b>28:43.93</b>
<b>6</b>	<b>105</b>	<b>Barry Warner</b>	<b>11:37.4</b>	<b>36:06</b>	<b>36:06.71</b>

5K F 0-10

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>71</b>	<b>Riley McGarry</b>	<b>08:26.2</b>	<b>26:12</b>	<b>26:12.82</b>
<b>2</b>	<b>57</b>	<b>Milena Lang</b>	<b>10:01.2</b>	<b>31:07</b>	<b>31:07.88</b>
<b>3</b>	<b>56</b>	<b>Bailey Lang</b>	<b>10:02.2</b>	<b>31:10</b>	<b>31:10.93</b>
<b>4</b>	<b>184</b>	<b>Tatum Bacon</b>	<b>11:14.9</b>	<b>34:56</b>	<b>34:56.90</b>
<b>5</b>	<b>80</b>	<b>Mariela Neubauer</b>	<b>12:54.2</b>	<b>40:05</b>	<b>40:05.57</b>
<b>6</b>	<b>43</b>	<b>Caitlyn Green</b>	<b>13:20.3</b>	<b>41:26</b>	<b>41:26.39</b>
<b>7</b>	<b>197</b>	<b>Theresia Haas</b>	<b>14:19.1</b>	<b>44:29</b>	<b>44:29.07</b>
<b>8</b>	<b>166</b>	<b>Payton Durham</b>	<b>16:13.5</b>	<b>50:24</b>	<b>50:24.61</b>

5K F 11-12

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>111</b>	<b>Julia Wysocki</b>	<b>07:57.4</b>	<b>24:43</b>	<b>24:43.40</b>
<b>2</b>	<b>128</b>	<b>Savannah Ball</b>	<b>12:16.8</b>	<b>38:09</b>	<b>38:09.25</b>

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5K F 20-29



<b>2</b>	<b>52</b>	<b>Sarah Kalseth</b>	<b>10:11.9</b>	<b>31:41</b>	<b>31:41.13</b>
<b>3</b>	<b>39</b>	<b>julie gieb</b>	<b>10:54.3</b>	<b>33:52</b>	<b>33:52.74</b>
<b>4</b>	<b>191</b>	<b>Tez Del Bosque</b>	<b>12:24.4</b>	<b>38:32</b>	<b>38:32.68</b>
<b>5</b>	<b>76</b>	<b>Kristen Miller</b>	<b>13:00.0</b>	<b>40:23</b>	<b>40:23.55</b>
<b>6</b>	<b>48</b>	<b>Melissa Hatheway</b>	<b>13:00.8</b>	<b>40:25</b>	<b>40:25.93</b>
<b>7</b>	<b>65</b>	<b>Ashley Luongo</b>	<b>13:26.8</b>	<b>41:46</b>	<b>41:46.85</b>
<b>8</b>	<b>129</b>	<b>Valarie Dyer</b>	<b>13:47.4</b>	<b>42:50</b>	<b>42:50.61</b>

5K F 30-39

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>41</b>	<b>Molly Glauser</b>	<b>07:37.3</b>	<b>23:40</b>	<b>23:40.96</b>
<b>2</b>	<b>175</b>	<b>Kristy Guillem</b>	<b>08:44.4</b>	<b>27:09</b>	<b>27:09.44</b>
<b>3</b>	<b>198</b>	<b>Christina Crannell</b>	<b>09:33.1</b>	<b>29:40</b>	<b>29:40.47</b>
<b>4</b>	<b>164</b>	<b>Johnan Ratliff</b>	<b>09:38.5</b>	<b>29:57</b>	<b>29:57.49</b>
<b>5</b>	<b>58</b>	<b>Nicole Lang</b>	<b>10:04.4</b>	<b>31:17</b>	<b>31:17.99</b>
<b>6</b>	<b>26</b>	<b>Alexis dennis</b>	<b>10:50.8</b>	<b>33:42</b>	<b>33:42.10</b>
<b>7</b>	<b>137</b>	<b>Heather Krell</b>	<b>11:19.2</b>	<b>35:10</b>	<b>35:10.30</b>
<b>8</b>	<b>121</b>	<b>Heather Miller</b>	<b>11:22.8</b>	<b>35:21</b>	<b>35:21.55</b>
<b>9</b>	<b>138</b>	<b>Vanessa Van Drunen</b>	<b>11:47.5</b>	<b>36:38</b>	<b>36:38.08</b>
<b>10</b>	<b>30</b>	<b>Victoria Dunn</b>	<b>11:55.5</b>	<b>37:03</b>	<b>37:03.10</b>
<b>11</b>	<b>145</b>	<b>Tiffanie Dandrea</b>	<b>12:04.6</b>	<b>37:31</b>	<b>37:31.36</b>

<b>12</b>	<b>77</b>	<b>Trisha Miller</b>	<b>12:58.7</b>	<b>40:19</b>	<b>40:19.27</b>
<b>13</b>	<b>178</b>	<b>Dee Leggett</b>	<b>13:15.8</b>	<b>41:12</b>	<b>41:12.50</b>
<b>14</b>	<b>84</b>	<b>Laura Patrey</b>	<b>13:19.9</b>	<b>41:25</b>	<b>41:25.22</b>
<b>15</b>	<b>50</b>	<b>Nicole Hoag</b>	<b>16:35.8</b>	<b>51:33</b>	<b>51:33.94</b>

5K F 40-49

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>183</b>	<b>Becky Migbie</b>	<b>08:19.3</b>	<b>25:51</b>	<b>25:51.27</b>
<b>2</b>	<b>185</b>	<b>Aimee Martin</b>	<b>08:19.7</b>	<b>25:52</b>	<b>25:52.66</b>
<b>3</b>	<b>32</b>	<b>Sandy Erickson</b>	<b>08:45.1</b>	<b>27:11</b>	<b>27:11.50</b>
<b>4</b>	<b>23</b>	<b>Sophie Curtis</b>	<b>08:47.9</b>	<b>27:20</b>	<b>27:20.18</b>
<b>5</b>	<b>31</b>	<b>Amye Engberson</b>	<b>09:03.0</b>	<b>28:06</b>	<b>28:06.94</b>
<b>6</b>	<b>124</b>	<b>Jane McCarthy</b>	<b>09:47.0</b>	<b>30:23</b>	<b>30:23.90</b>
<b>7</b>	<b>119</b>	<b>Michelle Bjornberg</b>	<b>09:53.6</b>	<b>30:44</b>	<b>30:44.18</b>
<b>8</b>	<b>202</b>	<b>Cherie Teel</b>	<b>10:13.7</b>	<b>31:46</b>	<b>31:46.86</b>
<b>9</b>	<b>33</b>	<b>Keiko Flores</b>	<b>10:18.1</b>	<b>32:00</b>	<b>32:00.41</b>
<b>10</b>	<b>100</b>	<b>Shanon Tate</b>	<b>10:30.0</b>	<b>32:37</b>	<b>32:37.49</b>
<b>11</b>	<b>176</b>	<b>Shannon Norris</b>	<b>10:33.8</b>	<b>32:49</b>	<b>32:49.30</b>
<b>12</b>	<b>35</b>	<b>Wilma Frazier</b>	<b>10:34.8</b>	<b>32:52</b>	<b>32:52.19</b>
<b>13</b>	<b>20</b>	<b>darcy clarke</b>	<b>10:35.0</b>	<b>32:53</b>	<b>32:53.07</b>
<b>14</b>	<b>168</b>	<b>Marnie Peterson</b>	<b>10:42.0</b>	<b>33:14</b>	<b>33:14.70</b>

15	78	Lorraine Morris	10:50.3	33:40	33:40.54
16	11	Christy Bohnenstiehl	10:51.4	33:43	33:43.77
17	66	Catherine Mahoney	10:57.6	34:03	34:03.30
18	115	Rebecca Gibson	10:59.8	34:09	34:09.91
19	141	Nancy Marcoe	11:02.2	34:17	34:17.55
20	92	Donna Reid	11:14.4	34:55	34:55.50
21	118	Janie Crosmer	11:21.4	35:17	35:17.10
22	140	Renee Lindsey	11:23.7	35:24	35:24.25
23	64	Sharon Lowe	11:26.3	35:32	35:32.43
24	169	Cathy Rascon	11:30.5	35:45	35:45.32
25	147	Keli Carter	11:41.2	36:18	36:18.52
26	74	Tiffany McWilliams	11:42.2	36:21	36:21.57
27	2	Sandi Abreo	11:42.9	36:23	36:23.85
28	24	Tammy Daves	11:45.8	36:32	36:32.83
29	9	Suzanne Basham	11:54.4	36:59	36:59.49
30	125	Deanne Ball	12:12.3	37:55	37:55.33
31	192	Denise Senter	12:17.7	38:12	38:12.02
32	117	Jessica Sandberg	12:21.7	38:24	38:24.50
33	135	Ynonne Tucker	12:23.0	38:28	38:28.52
34	99	Patricia Surratt	12:33.8	39:01	39:01.99
35	75	Michelle Meek	12:34.3	39:03	39:03.47

<b>36</b>	<b>104</b>	<b>Diane Walston</b>	<b>12:35.4</b>	<b>39:06</b>	<b>39:06.96</b>
<b>37</b>	<b>162</b>	<b>Jennifer Marsh</b>	<b>13:50.1</b>	<b>42:59</b>	<b>42:59.15</b>
<b>38</b>	<b>146</b>	<b>Christy Crawshaw</b>	<b>14:14.4</b>	<b>44:14</b>	<b>44:14.71</b>
<b>39</b>	<b>3</b>	<b>Gina Adams</b>	<b>14:31.5</b>	<b>45:07</b>	<b>45:07.86</b>
<b>40</b>	<b>22</b>	<b>Lynne Cox</b>	<b>14:54.1</b>	<b>46:17</b>	<b>46:17.99</b>

5K F 50-59

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>181</b>	<b>Laurie Linderwood</b>	<b>07:54.3</b>	<b>24:33</b>	<b>24:33.72</b>
<b>2</b>	<b>153</b>	<b>Beverly Stone</b>	<b>08:16.2</b>	<b>25:41</b>	<b>25:41.74</b>
<b>3</b>	<b>194</b>	<b>Beth Ann Kauanagh</b>	<b>08:51.8</b>	<b>27:32</b>	<b>27:32.38</b>
<b>4</b>	<b>19</b>	<b>Randi Castanuela</b>	<b>09:23.3</b>	<b>29:10</b>	<b>29:10.30</b>
<b>5</b>	<b>83</b>	<b>Lynn O'Neill</b>	<b>10:12.8</b>	<b>31:43</b>	<b>31:43.96</b>
<b>6</b>	<b>8</b>	<b>Jill Balboni</b>	<b>10:41.1</b>	<b>33:12</b>	<b>33:12.02</b>
<b>7</b>	<b>61</b>	<b>Teresa Lewis</b>	<b>11:46.4</b>	<b>36:34</b>	<b>36:34.65</b>
<b>8</b>	<b>44</b>	<b>Frances Hackley</b>	<b>13:45.5</b>	<b>42:44</b>	<b>42:44.82</b>

5K F 60 and Over

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Avg Mile</b>	<b>ScanTime</b>	<b>Total Time</b>
<b>1</b>	<b>106</b>	<b>Winnie Wat</b>	<b>09:51.0</b>	<b>30:30</b>	<b>30:30.07</b>

<b>2</b>	<b>13</b>	<b>Deborah Braun</b>	<b>10:18.5</b>	<b>32:01</b>	<b>32:01.69</b>
<b>3</b>	<b>150</b>	<b>Hallie Dunn</b>	<b>15:04.8</b>	<b>46:51</b>	<b>46:51.18</b>
<b>4</b>	<b>190</b>	<b>Karon Sullivant</b>	<b>15:41.6</b>	<b>48:45</b>	<b>48:45.61</b>