

Sunday, February 23, 2014

Carrollton Runners Mile + 5K

59F Cloudy 87% H 9mph SSW

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:32 am

5K Off :7:45 am

| Mile Overall | | 5K Overall | | 5K Masters | | 5K Seniors | |
|----------------|---------|-------------|----------|------------------|----------|---------------|----------|
| Ryan Barrow | 5:00.60 | Ryan Barrow | 17:55.26 | Randall Fleisher | 21:08.66 | James Johnson | 25:37.11 |
| Arwyn Sullivan | 9:24.15 | Kim Andres | 25:48.41 | Kuay Sullivan | 27:58.86 | Carol Creech | 40:57.63 |

5K MALE

36 MALE Runners --- Average Time of **29:43**

Avg. Age Grade: **52.3%**

Place in

| | Name | City | (Age) | Half | Split | Chip Time | FN* | Pace | Age Grade | OA | GD |
|---------|---------------------|--------------|-------|------|-------|------------|-----|---------|-----------|----|----|
| OVERALL | 1 Ryan Barrow | Denton | (26) | | | 17:55.26 | ML | 5:46.1 | 72.0% | 1 | 1 |
| MASTERS | 1 Randall Fleisher | Dallas | (46) | | | 21:08.66 | | 6:48.3 | 67.6% | 4 | 4 |
| SENIORS | 1 James Johnson | Dallas | (61) | | | 25:37.11 | | 8:14.7 | 63.2% | 12 | 12 |
| M01-09 | 1 Caden Hendricks | Carrollton | (9) | | | 43:53.34 | | 14:07.6 | 37.3% | 48 | 32 |
| | 2 Adrian Smith | Carrollton | (5) | | | 46:25.12 | | 14:56.4 | 42.6% | 55 | 35 |
| M10-14 | 1 Andre Arsenault | Dallas | (13) | | | 20:30.51 | | 6:36.1 | 70.7% | 3 | 3 |
| | 2 Eric Hirschbrich | Dallas | (13) | | | 24:42.38 | | 7:57.1 | 58.7% | 9 | 9 |
| | 3 Pierce Wyatt | Dallas | (11) | | | 25:09.41 | | 8:05.8 | 60.8% | 11 | 11 |
| | 4 Rohan Khatti | Dallas | (11) | | | 27:24.25 | | 8:49.2 | 55.8% | 18 | 17 |
| | 5 Cristian Gonzalez | Carrollton | (10) | | | 46:13.93 | | 14:52.8 | 34.1% | 54 | 34 |
| M15-19 | 1 Daniel Reilly | Argyle | (19) | | | 27:28.89 | | 8:50.7 | 47.9% | 19 | 18 |
| M20-24 | 1 David Reilly | Argyle | (23) | | | 27:17.25 | | 8:47.0 | 47.3% | 16 | 15 |
| M25-29 | 1 Isidro Flores | Dallas | (29) | | | 20:24.74 | ML | 6:34.2 | 63.3% | 2 | 2 |
| M30-34 | 1 Heath Blanchard | Lewisville | (30) | | | 22:04.62 | ✓ | 7:06.4 | 58.6% | 7 | 7 |
| | 2 Gabor Toth | Irving | (33) | | | 30:49.34 | | 9:55.2 | 42.3% | 32 | 28 |
| | 3 Eugene Mosley | Denton | (32) | | | 32:20.73 | | 10:24.7 | 40.2% | 35 | 29 |
| | 4 Amin Abjani | Carrollton | (34) | | | 40:59.01 | | 13:11.5 | 32.0% | 44 | 31 |
| | 5 Joseph Gonzalez | Carrollton | (32) | | | 45:22.11 | | 14:36.2 | 28.7% | 52 | 33 |
| M35-39 | 1 Jonathon Brewer | Carrollton | (36) | | | 29:56.42 | | 9:38.2 | 44.3% | 31 | 27 |
| | 2 Ching Gwon | Richardson | (35) | | | 1:02:06.67 | | 19:59.5 | 21.2% | 60 | 36 |
| M40-44 | 1 Marcus O'Con | Dallas | (43) | | | 21:18.25 | ML | 6:51.4 | 65.5% | 5 | 5 |
| | 2 Tiger Vo | Lewisville | (41) | | | 21:23.16 | | 6:53.0 | 64.3% | 6 | 6 |
| | 3 Michael Rumery | Plano | (40) | | | 27:17.36 | | 8:47.0 | 50.0% | 20 | 19 |
| | 4 Nathan Bruser | Coppell | (42) | | | 28:49.29 | | 9:16.6 | 48.1% | 28 | 24 |
| | 5 Carlos Ordonez | Carrollton | (43) | | | 36:21.44 | ✓ | 11:42.1 | 38.4% | 37 | 30 |
| M45-49 | 1 John Olsen | Coppell | (45) | | | 24:54.73 | | 8:01.1 | 56.9% | 10 | 10 |
| | 2 Nivaldo Castro | Mckinney | (48) | | | 26:16.21 | | 8:27.3 | 55.2% | 21 | 20 |
| | 3 John Smith | Dallas | (48) | | | 28:57.09 | | 9:19.1 | 50.1% | 29 | 25 |
| M50-54 | 1 David Short | Frisco | (53) | | | 22:16.36 | ML | 7:10.1 | 67.9% | 8 | 8 |
| | 2 Scott Hesketh | Flower Mound | (51) | | | 28:37.21 | | 9:12.7 | 52.0% | 25 | 22 |
| | 3 Tomas Bern | Allen | (50) | | | 28:42.88 | ✓ | 9:14.5 | 51.4% | 26 | 23 |
| | 4 Ronald Hamilton | The Colony | (54) | | | 29:06.92 | | 9:22.3 | 52.3% | 30 | 26 |
| M55-59 | 1 Ruben Reyes | Carrollton | (58) | | | 27:16.48 | | 8:46.7 | 57.8% | 17 | 16 |
| M60-64 | 1 Maxx Pomm | Dallas | (64) | | | 26:42.39 | ✓ | 8:35.8 | 62.2% | 14 | 13 |
| | 2 David Mask | Lewisville | (61) | | | 27:17.34 | | 8:47.0 | 59.3% | 22 | 21 |
| M65-69 | 1 Scott McKissick | Irving | (65) | | | 26:32.67 | ML | 8:32.6 | 63.2% | 15 | 14 |

FN*: Broke Age-Group Record GD Place among Females
 ML Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split
 ▼ Negative Split

Timing provided by: 2/23/2014

5K FEMALE

26 FEMALE Runners --- Average Time of

43:20

Avg. Age Grade: 40.2%

Place in

| | Name | City | (Age) | Half | Split | Chip Time | FN* | Pace | Age Grade | OA | GD |
|-----------|----------------------|------------|-------|------|-------|------------|-----|---------|-----------|----|----|
| OVERALL | 1 Kim Andres | Irving | (61) | | | 25:48.41 | | 8:18.4 | 76.0% | 13 | 1 |
| MASTERS | 1 Kuay Sullivan | Coppell | (48) | | | 27:58.86 | | 9:00.4 | 59.0% | 24 | 3 |
| SENIORS | 1 Carol Creech | Plano | (63) | | | 40:57.63 | | 13:11.0 | 49.3% | 43 | 12 |
| F01-09 | 1 Arwyn Sullivan | Coppell | (9) | | | 27:57.25 | | 8:59.9 | 62.8% | 23 | 2 |
| | 2 Alexis Sawyer | Carrollton | (7) | | | 45:11.09 | | 14:32.6 | 41.5% | 51 | 18 |
| | 3 Savanna Gonzalez | Carrollton | (9) | | | 45:27.93 | | 14:38.0 | 38.6% | 53 | 19 |
| F10-14 | 1 Sarah Lochridge | Dallas | (12) | | | 31:26.47 | | 10:07.2 | 51.8% | 34 | 5 |
| F15-19 | 1 Amanda Vollmering | Carrollton | (16) | | | 1:00:51.09 | | 19:35.2 | 25.2% | 56 | 20 |
| F20-24 | 1 Star Kinney | Carrollton | (24) | | | 44:33.29 | | 14:20.4 | 33.2% | 47 | 15 |
| F25-29 | 1 Satu Hyrylainen | Irving | (27) | | | 36:36.45 | ✓ | 11:47.0 | 40.4% | 38 | 7 |
| | 2 Zainab Lakhani | Carrollton | (27) | | | 40:44.14 | | 13:06.7 | 36.3% | 42 | 11 |
| | 3 Shieryl Bryan | Carrollton | (29) | | | 44:36.00 | | 14:21.3 | 33.2% | 46 | 14 |
| F30-34 | 1 Amy Hendricks | Carrollton | (33) | | | 44:12.13 | | 14:13.6 | 33.6% | 50 | 17 |
| | 2 Carla Salazar | Richardson | (32) | | | 1:02:06.37 | | 19:59.4 | 23.9% | 62 | 25 |
| F35-39 | 1 Lilian Rosales | Carrollton | (37) | | | 44:00.80 | | 14:10.0 | 34.3% | 49 | 16 |
| | 2 Isabel Martinez | Dallas | (35) | | | 1:01:37.32 | | 19:50.1 | 24.3% | 57 | 21 |
| | 3 Rosa Escobedo | Richardson | (35) | | | 1:02:11.75 | | 20:01.1 | 24.0% | 61 | 24 |
| | 4 Monica Acosta | Carrollton | (36) | | | 1:06:45.35 | | 21:29.2 | 22.5% | 59 | 23 |
| F40-44 | 1 Gini Mattson | Carrollton | (40) | | | 38:30.27 | | 12:23.6 | 39.8% | 40 | 9 |
| F45-49 | 1 Changlan Zhang | McKinney | (48) | | | 30:57.45 | ✓ | 9:57.9 | 53.3% | 33 | 4 |
| | 2 Susan Schafer | Richardson | (48) | | | 37:23.99 | | 12:02.3 | 44.1% | 39 | 8 |
| | 3 Dina Caballero | Carrollton | (46) | | | 40:28.04 | | 13:01.5 | 39.9% | 41 | 10 |
| | 4 Barbara Vollmering | Garland | (48) | | | 1:06:46.01 | | 21:29.4 | 24.7% | 58 | 22 |
| F50-54 | 1 Teresa Lewis | Lewisville | (52) | | | 33:18.91 | ✓ | 10:43.4 | 52.1% | 36 | 6 |
| | 2 Patricia Orendain | Prosper | (50) | | | 41:54.25 | | 13:29.3 | 40.4% | 45 | 13 |
| FStroller | 1 Blake Bruser | Coppell | (4) | | | 24:28.65 | | 7:52.7 | | 27 | 0 |

FN*: Broke Age-Group Record

Place among Females

Positive Split

Timing provided by:

2/23/2014

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

DeltaViewTiming.com

1M MALE

| | | 8 MALE Runners --- Average Time of 10:53 | | | | Avg. Age Grade: 55.5% | | | Place in | | |
|-----------|---------------------------|---|-------|------|-------|------------------------------|--------------------------|---------|--------------|----|----|
| | Name | City | (Age) | Half | Split | Chip Time | FN* | Pace | Age Grade | OA | GD |
| OVERALL | 1 Ryan Barrow | Denton | (26) | | | 5:00.60 | <input type="checkbox"/> | 5:00.6 | 74.0% | 1 | 1 |
| M25-29 | 1 Isidro Flores | Dallas | (29) | | | 5:25.20 | | 5:25.2 | 68.5% | 2 | 2 |
| | 2 Timothy Israel | Irving | (27) | | | 5:43.30 | | 5:43.3 | 64.8% | 3 | 3 |
| M35-39 | 1 Wayne Canfield | | (38) | | | 23:34.09 | | 23:34.1 | 16.4% | 14 | 7 |
| M40-44 | 1 Marcus O'Con | Dallas | (43) | | | 7:51.41 | | 7:51.4 | 51.1% | 5 | 5 |
| M50-54 | 1 David Short | Frisco | (53) | | | 8:28.43 | | 8:28.4 | 51.3% | 6 | 6 |
| M65-69 | 1 Scott McKissick | Irving | (65) | | | 7:45.56 | | 7:45.6 | 62.2% | 4 | 4 |
| MStroller | 1 Vincent Canfield | Carrollton | (3) | | | 23:17.46 | | 23:17.5 | | 11 | 0 |

1M FEMALE

| | | 7 FEMALE Runners --- Average Time of 16:53 | | | | Avg. Age Grade: 35.1% | | | Place in | | |
|-----------|-------------------------|---|-------|------|-------|------------------------------|-----|---------|-----------|----|----------|
| | Name | City | (Age) | Half | Split | Chip Time | FN* | Pace | Age Grade | OA | GD |
| OVERALL | 1 Arwyn Sullivan | Coppell | (9) | | | 9:24.15 | | 9:24.2 | 52.9% | 7 | 1 |
| F01-09 | 1 Olivia Brewer | Carrollton | (8) | | | 14:35.44 | | 14:35.4 | 35.2% | 10 | 4 |
| F30-34 | 1 Sarah Canfield | Carrollton | (34) | | | 23:20.25 | | 23:20.3 | 18.2% | 13 | 5 |
| F40-44 | 1 Amy Brewer | Carrollton | (41) | | | 14:34.70 | | 14:34.7 | 30.7% | 9 | 3 |
| F45-49 | 1 Kuay Sullivan | Coppell | (48) | | | 9:24.52 | | 9:24.5 | 51.6% | 8 | 2 |
| F50-54 | 1 crystal kemp | plano | (54) | | | 23:35.06 | | 23:35.1 | 22.3% | 15 | 6 |
| FStroller | 1 Ellie Canfield | Carrollton | (1) | | | 23:19.02 | | 23:19.0 | | 12 | 0 |

| 1M | Bib Name | GD | AgeGrp | AG | Start | 1stH | 2ndH | △ | FinishTime+ | FN* | Pace | 5KEq | Clock Time | AgeGD |
|----|----------------------------|----|----------|-----|-------|------|------|---|-------------|-----|---------|-------|------------|-------|
| 1 | 6903 Ryan Barrow (M26) | 1 | M25-29 | OA | --- | | | | 5:00.60 | ☐ x | 5:00.6 | 17.11 | 5:00.60 | 74.0% |
| 2 | 6760 Isidro Flores (M29) | 2 | M25-29 | 1st | --- | | | | 5:25.20 | | 5:25.2 | 18.53 | 5:25.20 | 68.5% |
| 3 | 6655 Timothy Israel (M27) | 3 | M25-29 | 2nd | --- | | | | 5:43.30 | x | 5:43.3 | 19.56 | 5:43.30 | 64.8% |
| 4 | 7048 Scott McKissick (M65) | 4 | M65-69 | 1st | --- | | | | 7:45.56 | | 7:45.6 | 26.51 | 7:45.56 | 62.2% |
| 5 | 6661 Marcus O'Con (M43) | 5 | M40-44 | 1st | --- | | | | 7:51.41 | | 7:51.4 | 26.86 | 7:51.41 | 51.1% |
| 6 | 7061 David Short (M53) | 6 | M50-54 | 1st | --- | | | | 8:28.43 | | 8:28.4 | 28.97 | 8:28.43 | 51.3% |
| 7 | 7204 Arwyn Sullivan (F9) | 1 | F01-09 | OA | --- | | | | 9:24.15 | | 9:24.2 | 32.16 | 9:24.15 | 52.9% |
| 8 | 7265 Kuay Sullivan (F48) | 2 | F45-49 | 1st | --- | | | | 9:24.52 | | 9:24.5 | 32.16 | 9:24.52 | 51.6% |
| 9 | 6908 Amy Brewer (F41) | 3 | F40-44 | 1st | --- | | | | 14:34.70 | x | 14:34.7 | 49.83 | 14:34.70 | 30.7% |
| 10 | 6891 Olivia Brewer (F8) | 4 | F01-09 | 1st | --- | | | | 14:35.44 | x | 14:35.4 | 49.89 | 14:35.44 | 35.2% |
| 11 | 6102 Vincent Canfield (M3) | 0 | MStrolle | 1st | --- | | | | 23:17.46 | x | 23:17.5 | 79.66 | 23:17.46 | |
| 12 | 6103 Ellie Canfield (F1) | 0 | FStrolle | 1st | --- | | | | 23:19.02 | x | 23:19.0 | 79.77 | 23:19.02 | |
| 13 | 6948 Sarah Canfield (F34) | 5 | F30-34 | 1st | --- | | | | 23:20.25 | x | 23:20.3 | 79.83 | 23:20.25 | 18.2% |
| 14 | 6101 Wayne Canfield (M38) | 7 | M35-39 | 1st | --- | | | | 23:34.09 | x | 23:34.1 | 80.62 | 23:34.09 | 16.4% |
| 15 | 6943 crystal kemp (F54) | 6 | F50-54 | 1st | --- | | | | 23:35.06 | x | 23:35.1 | 80.68 | 23:35.06 | 22.3% |

✓ No Club PR's

Average Finish Time: 13:41 9 First Timers

Average Age Grade: 46.1%

| 5K | Bib Name | GD | AgeGrp | AG | Start | 1stH | 2ndH | △ | FinishTime+ | FN* | Pace | 5KEq | Clock Time | AgeGD |
|----|-----------------------------|----|----------|-----|-------|------|------|---|-------------|-----|--------|-------|------------|-------|
| 1 | 6903 Ryan Barrow (M26) | 1 | M25-29 | OA | 2.3 | | | | 17:55.26 | ⌚ x | 5:46.1 | 17.92 | 17:57.59 | 72.0% |
| 2 | 6760 Isidro Flores (M29) | 2 | M25-29 | 1st | 2.0 | | | | 20:24.74 | ⌚ | 6:34.2 | 20.40 | 20:26.77 | 63.3% |
| 3 | 6836 Andre Arsenaault (M13) | 3 | M10-14 | 1st | 0.3 | | | | 20:30.51 | x | 6:36.1 | 20.50 | 20:30.78 | 70.7% |
| 4 | 6110 Randall Fleisher (M46) | 4 | M45-49 | MS | --- | | | | 21:08.66 | x | 6:48.3 | 21.13 | 21:08.66 | 67.6% |
| 5 | 6661 Marcus O'Con (M43) | 5 | M40-44 | 1st | 1.8 | | | | 21:18.25 | ⌚ | 6:51.4 | 21.30 | 21:20.08 | 65.5% |
| 6 | 7272 Tiger Vo (M41) | 6 | M40-44 | 2nd | 2.2 | | | | 21:23.16 | | 6:53.0 | 21.38 | 21:25.34 | 64.3% |
| 7 | 6116 Heath Blanchard (M30) | 7 | M30-34 | 1st | 2.5 | | | | 22:04.62 | ✓ 1 | 7:06.4 | 22.07 | 22:07.13 | 58.6% |
| 8 | 7061 David Short (M53) | 8 | M50-54 | 1st | 72.0 | | | | 22:16.36 | ⌚ | 7:10.1 | 22.27 | 23:28.32 | 67.9% |
| 9 | 6878 Eric Hirschbrich (M13) | 9 | M10-14 | 2nd | 0.2 | | | | 24:42.38 | x | 7:57.1 | 24.70 | 24:42.56 | 58.7% |
| 10 | 6114 John Olsen (M45) | 10 | M45-49 | 1st | 2.6 | | | | 24:54.73 | x | 8:01.1 | 24.90 | 24:57.37 | 56.9% |
| 11 | 7102 Pierce Wyatt (M11) | 11 | M10-14 | 3rd | --- | | | | 25:09.41 | | 8:05.8 | 25.15 | 25:09.41 | 60.8% |
| 12 | 7191 James Johnson (M61) | 12 | M60-64 | SR | 1.5 | | | | 25:37.11 | | 8:14.7 | 25.62 | 25:38.62 | 63.2% |
| 13 | 7040 Kim Andres (F61) | 1 | F60-64 | OA | 2.9 | | | | 25:48.41 | | 8:18.4 | 25.80 | 25:51.31 | 76.0% |
| 14 | 7049 Maxx Pomm (M64) | 13 | M60-64 | 1st | 3.3 | | | | 26:42.39 | ✓ 6 | 8:35.8 | 26.70 | 26:45.67 | 62.2% |
| 15 | 7048 Scott McKissick (M65) | 14 | M65-69 | 1st | 18.3 | | | | 26:32.67 | ⌚ | 8:32.6 | 26.53 | 26:50.93 | 63.2% |
| 16 | 6917 David Reilly (M23) | 15 | M20-24 | 1st | 5.5 | | | | 27:17.25 | x | 8:47.0 | 27.28 | 27:22.70 | 47.3% |
| 17 | 7283 Ruben Reyes (M58) | 16 | M55-59 | 1st | 7.1 | | | | 27:16.48 | | 8:46.7 | 27.27 | 27:23.58 | 57.8% |
| 18 | 6811 Rohan Khatti (M11) | 17 | M10-14 | 4th | 1.2 | | | | 27:24.25 | | 8:49.2 | 27.40 | 27:25.48 | 55.8% |
| 19 | 6918 Daniel Reilly (M19) | 18 | M15-19 | 1st | 5.5 | | | | 27:28.89 | x | 8:50.7 | 27.47 | 27:34.37 | 47.9% |
| 20 | 7038 Michael Rumery (M40) | 19 | M40-44 | 3rd | 21.6 | | | | 27:17.36 | | 8:47.0 | 27.28 | 27:38.99 | 50.0% |
| 21 | 7465 Nivaldo Castro (M48) | 20 | M45-49 | 2nd | 92.7 | | | | 26:16.21 | | 8:27.3 | 26.27 | 27:48.87 | 55.2% |
| 22 | 7008 David Mask (M61) | 21 | M60-64 | 2nd | 36.2 | | | | 27:17.34 | | 8:47.0 | 27.28 | 27:53.56 | 59.3% |
| 23 | 7204 Arwyn Sullivan (F9) | 2 | F01-09 | 1st | 2.7 | | | | 27:57.25 | ⌚ | 8:59.9 | 27.95 | 27:59.93 | 62.8% |
| 24 | 7265 Kuay Sullivan (F48) | 3 | F45-49 | MS | 3.0 | | | | 27:58.86 | ⌚ | 9:00.4 | 27.97 | 28:01.82 | 59.0% |
| 25 | 6111 Scott Hesketh (M51) | 22 | M50-54 | 2nd | --- | | | | 28:37.21 | | 9:12.7 | 28.62 | 28:37.21 | 52.0% |
| 26 | 6833 Tomas Bern (M50) | 23 | M50-54 | 3rd | 3.7 | | | | 28:42.88 | ✓ 1 | 9:14.5 | 28.70 | 28:46.59 | 51.4% |
| 27 | 7316 Blake Bruser (F4) | 0 | FStrolle | 1st | 260.4 | | | | 24:28.65 | 19 | 7:52.7 | 24.47 | 28:49.08 | |
| 28 | 7315 Nathan Bruser (M42) | 24 | M40-44 | 4th | --- | | | | 28:49.29 | | 9:16.6 | 28.82 | 28:49.29 | 48.1% |
| 29 | 6676 John Smith (M48) | 25 | M45-49 | 3rd | 4.6 | | | | 28:57.09 | | 9:19.1 | 28.95 | 29:01.67 | 50.1% |
| 30 | 7020 Ronald Hamilton (M54) | 26 | M50-54 | 4th | 9.1 | | | | 29:06.92 | | 9:22.3 | 29.10 | 29:15.98 | 52.3% |
| 31 | 6940 Jonathon Brewer (M36) | 27 | M35-39 | 1st | 27.3 | | | | 29:56.42 | x | 9:38.2 | 29.93 | 30:23.77 | 44.3% |

FN*: ☐ Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

2/23/2014

⌚ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

| | | | | | | | | | | | | |
|----|------|--------------------------|----|--------|-----|-------|-------------------|-----|---------|--------|----------|-------|
| 32 | 7380 | Gabor Toth (M33) | 28 | M30-34 | 2nd | 7.9 | 30:49.34 | | 9:55.2 | 30.82 | 30:57.29 | 42.3% |
| 33 | 6100 | Changlan Zhang (F48) | 4 | F45-49 | 1st | 3.7 | 30:57.45 | ✓ 4 | 9:57.9 | 30.95 | 31:01.16 | 53.3% |
| 34 | 7201 | Sarah Lochridge (F12) | 5 | F10-14 | 1st | 1.1 | 31:26.47 | ✗ | 10:07.2 | 31.43 | 31:27.53 | 51.8% |
| 35 | 6347 | Eugene Mosley (M32) | 29 | M30-34 | 3rd | 10.1 | 32:20.73 | | 10:24.7 | 32.33 | 32:30.86 | 40.2% |
| 36 | 6898 | Teresa Lewis (F52) | 6 | F50-54 | 1st | 12.8 | 33:18.91 | ✓ 1 | 10:43.4 | 33.30 | 33:31.73 | 52.1% |
| 37 | 6115 | Carlos Ordonez (M43) | 30 | M40-44 | 5th | 13.3 | 36:21.44 | ✓ 1 | 11:42.1 | 36.35 | 36:34.70 | 38.4% |
| 38 | 6781 | Satu Hyrylainen (F27) | 7 | F25-29 | 1st | 8.6 | 36:36.45 | ✓ 3 | 11:47.0 | 36.60 | 36:45.04 | 40.4% |
| 39 | 7065 | Susan Schafer (F48) | 8 | F45-49 | 2nd | 9.6 | 37:23.99 | | 12:02.3 | 37.38 | 37:33.58 | 44.1% |
| 40 | 6574 | Gini Mattson (F40) | 9 | F40-44 | 1st | 3.4 | 38:30.27 | | 12:23.6 | 38.50 | 38:33.70 | 39.8% |
| 41 | 7467 | Dina Caballero (F46) | 10 | F45-49 | 3rd | 4.1 | 40:28.04 | | 13:01.5 | 40.47 | 40:32.17 | 39.9% |
| 42 | 6896 | Zainab Lakhani (F27) | 11 | F25-29 | 2nd | 6.1 | 40:44.14 | ✗ | 13:06.7 | 40.73 | 40:50.22 | 36.3% |
| 43 | 7024 | Carol Creech (F63) | 12 | F60-64 | SR | 3.9 | 40:57.63 | | 13:11.0 | 40.95 | 41:01.54 | 49.3% |
| 44 | 6897 | Amin Abjani (M34) | 31 | M30-34 | 4th | 10.7 | 40:59.01 | ✗ | 13:11.5 | 40.98 | 41:09.68 | 32.0% |
| 45 | 7463 | Patricia Orendain (F50) | 13 | F50-54 | 2nd | 11.7 | 41:54.25 | | 13:29.3 | 41.90 | 42:05.95 | 40.4% |
| 46 | 6623 | Shieryl Bryan (F29) | 14 | F25-29 | 3rd | --- | 44:36.00 | | 14:21.3 | 44.60 | 44:36.00 | 33.2% |
| 47 | 6112 | Star Kinney (F24) | 15 | F20-24 | 1st | 4.5 | 44:33.29 | ✗ | 14:20.4 | 44.55 | 44:37.75 | 33.2% |
| 48 | 6850 | Caden Hendricks (M9) | 32 | M01-09 | 1st | 45.2 | 43:53.34 | ✗ | 14:07.6 | 43.88 | 44:38.56 | 37.3% |
| 49 | 6113 | Lilian Rosales (F37) | 16 | F35-39 | 1st | 47.2 | 44:00.80 | ✗ | 14:10.0 | 44.00 | 44:48.00 | 34.3% |
| 50 | 6886 | Amy Hendricks (F33) | 17 | F30-34 | 1st | 41.6 | 44:12.13 | ✗ | 14:13.6 | 44.20 | 44:53.76 | 33.6% |
| 51 | 6108 | Alexis Sawyer (F7) | 18 | F01-09 | 2nd | 3.3 | 45:11.09 | ✗ | 14:32.6 | 45.18 | 45:14.38 | 41.5% |
| 52 | 6105 | Joseph Gonzalez (M32) | 33 | M30-34 | 5th | 2.9 | 45:22.11 | ✗ | 14:36.2 | 45.37 | 45:25.00 | 28.7% |
| 53 | 6107 | Savanna Gonzalez (F9) | 19 | F01-09 | 3rd | 2.7 | 45:27.93 | ✗ | 14:38.0 | 45.45 | 45:30.65 | 38.6% |
| 54 | 6106 | Cristian Gonzalez (M10) | 34 | M10-14 | 5th | 2.5 | 46:13.93 | ✗ | 14:52.8 | 46.22 | 46:16.44 | 34.1% |
| 55 | 6109 | Adrian Smith (M5) | 35 | M01-09 | 2nd | 2.3 | 46:25.12 | ✗ | 14:56.4 | 46.42 | 46:27.45 | 42.6% |
| 56 | 6879 | Amanda Vollmering (F16) | 20 | F15-19 | 1st | 5.0 | 1:00:51.09 | ✗ | 19:35.2 | 60.851 | 00:56.09 | 25.2% |
| 57 | 6117 | Isabel Martinez (F35) | 21 | F35-39 | 2nd | 45.2 | 1:01:37.32 | ✗ | 19:50.1 | 61.621 | 02:22.48 | 24.3% |
| 58 | 6893 | Barbara Vollmering (F48) | 22 | F45-49 | 4th | 6.0 | 1:06:46.01 | ✗ | 21:29.4 | 66.771 | 06:52.04 | 24.7% |
| 59 | 6889 | Monica Acosta (F36) | 23 | F35-39 | 4th | 7.1 | 1:06:45.35 | ✗ | 21:29.2 | 66.751 | 06:52.41 | 22.5% |
| 60 | 6118 | Ching Gwon (M35) | 36 | M35-39 | 2nd | 364.8 | 1:02:06.67 | ✗ | 19:59.5 | 62.101 | 08:11.49 | 21.2% |
| 61 | 6119 | Rosa Escobedo (F35) | 24 | F35-39 | 3rd | 360.3 | 1:02:11.75 | ✗ | 20:01.1 | 62.181 | 08:12.07 | 24.0% |
| 62 | 6120 | Carla Salazar (F32) | 25 | F30-34 | 2nd | 366.4 | 1:02:06.37 | ✗ | 19:59.4 | 62.101 | 08:12.75 | 23.9% |

✓ 7 Club PR's

Average Finish Time: 35:25 27 First Timers Average Age Grade: 47.3%

Sorted Age Grades

1M

| # | OA | Name | Gender-Age | Finish Time | AgeGrade | List* |
|---|----|-----------------|------------|-------------|----------|-------|
| 1 | 1 | Ryan Barrow | M26 | 5:00.60 | 74.0% | New |
| 2 | 2 | Isidro Flores | M29 | 5:25.20 | 68.5% | |
| 3 | 3 | Timothy Israel | M27 | 5:43.30 | 64.8% | |
| 4 | 4 | Scott McKissick | M65 | 7:45.56 | 62.2% | |
| 5 | 7 | Arwyn Sullivan | F9 | 9:24.15 | 52.9% | |
| 6 | 8 | Kuay Sullivan | F48 | 9:24.52 | 51.6% | |
| 7 | 6 | David Short | M53 | 8:28.43 | 51.3% | |
| 8 | 5 | Marcus O'Con | M43 | 7:51.41 | 51.1% | |

5K

| # | OA | Name | Gender-Age | Finish Time | AgeGrade | List* |
|----|----|------------------|------------|-------------|----------|-------|
| 1 | 13 | Kim Andres | F61 | 25:48.41 | 76.0% | |
| 2 | 1 | Ryan Barrow | M26 | 17:55.26 | 72.0% | New |
| 3 | 3 | Andre Arsenaault | M13 | 20:30.51 | 70.7% | New |
| 4 | 8 | David Short | M53 | 22:16.36 | 67.9% | |
| 5 | 4 | Randall Fleisher | M46 | 21:08.66 | 67.6% | New |
| 6 | 5 | Marcus O'Con | M43 | 21:18.25 | 65.5% | |
| 7 | 6 | Tiger Vo | M41 | 21:23.16 | 64.3% | |
| 8 | 2 | Isidro Flores | M29 | 20:24.74 | 63.3% | |
| 9 | 15 | Scott McKissick | M65 | 26:32.67 | 63.2% | |
| 10 | 12 | James Johnson | M61 | 25:37.11 | 63.2% | |
| 11 | 23 | Arwyn Sullivan | F9 | 27:57.25 | 62.8% | |
| 12 | 14 | Maxx Pomm | M64 | 26:42.39 | 62.2% | |
| 13 | 11 | Pierce Wyatt | M11 | 25:09.41 | 60.8% | |
| 14 | 22 | David Mask | M61 | 27:17.34 | 59.3% | |
| 15 | 24 | Kuay Sullivan | F48 | 27:58.86 | 59.0% | |
| 16 | 9 | Eric Hirschbrich | M13 | 24:42.38 | 58.7% | |
| 17 | 7 | Heath Blanchard | M30 | 22:04.62 | 58.6% | |
| 18 | 17 | Ruben Reyes | M58 | 27:16.48 | 57.8% | |
| 19 | 10 | John Olsen | M45 | 24:54.73 | 56.9% | |
| 20 | 18 | Rohan Khatti | M11 | 27:24.25 | 55.8% | |
| 21 | 21 | Nivaldo Castro | M48 | 26:16.21 | 55.2% | |
| 22 | 33 | Changlan Zhang | F48 | 30:57.45 | 53.3% | |
| 23 | 30 | Ronald Hamilton | M54 | 29:06.92 | 52.3% | |
| 24 | 36 | Teresa Lewis | F52 | 33:18.91 | 52.1% | |
| 25 | 25 | Scott Hesketh | M51 | 28:37.21 | 52.0% | |
| 26 | 34 | Sarah Lochridge | F12 | 31:26.47 | 51.8% | |
| 27 | 26 | Tomas Bern | M50 | 28:42.88 | 51.4% | |
| 28 | 29 | John Smith | M48 | 28:57.09 | 50.1% | |
| 29 | 20 | Michael Rumery | M40 | 27:17.36 | 50.0% | |

| | |
|------|-----------------------------------|
| 100% | World Record Level for Gender/Age |
| 90% | World Class Level |
| 80% | National Class Level |
| 70% | Regional Class Level |

| | |
|-------|---|
| List* | Carrollton Runners Performance Lists for Age Grades > 65% |
| 65% | Boston-Qualifier Approximate Level |
| 60% | Local Class Level |
| 50% | Average Class Level |