



# Holiday Glow Run 5K-Valentines

Sanger, TX

Saturday, February 15, 2014

63F Clear 35%H 11mphS

5K Off :5:03 pm

## 5K MALE

		12 MALE Runners --- Average Time of 34:04						Avg. Age Grade: 47.6%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD		
OVERALL	<u>1</u> <a href="#">Lucas Polich</a>		(25)			19:22.18	6:14.1	66.6%	1	1		
MASTERS	<u>1</u> <a href="#">Jason Frey</a>		(41)			25:17.65	8:08.5	54.4%	4	3		
GMASTER	<u>1</u> <a href="#">John Cartwright</a>		(61)			27:45.54	8:56.1	58.3%	7	5		
M01-12	<u>1</u> <a href="#">Wesley Piter</a>		(7)			43:43.39	14:04.4	40.7%	24	9		
	<u>2</u> <a href="#">Charlie Frey</a>		(3)			44:54.08	14:27.1		26	10		
M13-15	<u>1</u> <a href="#">Robert Stockstill</a>		(15)			22:29.73	7:14.4	61.9%	2	2		
M16-19	<u>1</u> <a href="#">Eric Moore</a>		(18)			27:25.90	8:49.8	48.6%	6	4		
M40-44	<u>1</u> <a href="#">Pete Holland</a>		(43)			30:02.39	9:40.1	46.5%	11	6		
	<u>2</u> <a href="#">Terry Rumbo</a>		(43)			48:04.23	15:28.3	29.0%	31	12		
M45-49	<u>1</u> <a href="#">Connan Campbell</a>		(45)			36:14.82	11:40.0	39.1%	19	7		
M60-64	<u>1</u> <a href="#">Alan Strom</a>		(61)			37:58.39	12:13.3	42.6%	21	8		
	<u>2</u> <a href="#">Joe Carrasco</a>		(63)			45:33.78	14:39.9	36.1%	28	11		

## 5K FEMALE

		21 FEMALE Runners --- Average Time of 36:52						Avg. Age Grade: 45.9%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD		
OVERALL	<u>1</u> <a href="#">Angela Krebbs</a>		(40)			24:22.54	7:50.7	62.9%	3	1		
MASTERS	<u>1</u> <a href="#">Alyse Brennan</a>		(40)			27:08.05	8:44.0	56.5%	5	2		
GMASTER	<u>1</u> <a href="#">Randi Castanuela</a>		(52)			29:24.73	9:28.0	59.0%	9	4		
F01-12	<u>1</u> <a href="#">Emma Beard</a>		(10)			35:10.05	11:19.2	48.5%	17	11		
	<u>2</u> <a href="#">Emily Piter</a>		(10)			36:40.98	11:48.4	46.5%	20	13		
F25-29	<u>1</u> <a href="#">Christina Sherman</a>		(26)			28:59.07	9:19.8	51.1%	8	3		
	<u>2</u> <a href="#">Tyler Reed</a>		(26)			47:15.47	15:12.7	31.3%	30	19		
F35-39	<u>1</u> <a href="#">Natalie Rogers</a>		(36)			33:15.70	10:42.4	45.1%	15	9		
	<u>2</u> <a href="#">Vicki Beard</a>		(37)			35:10.09	11:19.2	42.9%	18	12		
	<u>3</u> <a href="#">Suzie Strom</a>		(36)			41:52.23	13:28.6	35.9%	23	15		
	<u>4</u> <a href="#">Rebecka Frey</a>		(39)			44:47.77	14:25.1	34.0%	27	17		
F40-44	<u>1</u> <a href="#">Janie Crosmer</a>		(44)			33:07.16	10:39.6	47.8%	14	8		
	<u>2</u> <a href="#">Jaime Jones</a>		(43)			38:57.40	12:32.3	40.3%	22	14		
	<u>3</u> <a href="#">Keri Heskett</a>		(41)			44:11.96	14:13.6	34.9%	25	16		
F45-49	<u>1</u> <a href="#">Alisha Perrier</a>		(45)			31:55.02	10:16.4	50.0%	12	6		
	<u>2</u> <a href="#">Deanna Smith</a>		(45)			33:27.00	10:46.0	47.7%	16	10		
	<u>3</u> <a href="#">Catherine Chambers</a>		(48)			50:52.62	16:22.5	32.4%	33	21		
F50-54	<u>1</u> <a href="#">Jerris Barnes</a>		(50)			29:27.87	9:29.0	57.4%	10	5		
F55-59	<u>1</u> <a href="#">Mary Strom</a>		(57)			32:39.74	10:30.8	56.8%	13	7		
	<u>2</u> <a href="#">Maureen Tully</a>		(58)			49:41.29	15:59.6	37.8%	32	20		
F60-64	<u>1</u> <a href="#">Joe Carrasco</a>		(63)			45:42.07	14:42.6	44.2%	29	18		

### Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	5KEq	Clock Time	AgeGD
1	940	Polich Lucas (M25)	1	M25-29	OA	---			19:22.18	6:14.1	19.37	19:22.18	66.6%
2	948	Stockstill Robert (M15)	2	M13-15	1st	---			22:29.73	7:14.4	22.48	22:29.73	61.9%
3	903	Krebbs Angela (F40)	1	F40-44	OA	---			24:22.54	7:50.7	24.37	24:22.54	62.9%
4	930	Frey Jason (M41)	3	M40-44	MS	0.7			25:17.65	8:08.5	25.28	25:18.31	54.4%
5	902	Brennan Alyse (F40)	2	F40-44	MS	---			27:08.05	8:44.0	27.13	27:08.05	56.5%
6	955	Eric Moore (M18)	4	M16-19	1st	---			27:25.90	8:49.8	27.42	27:25.90	48.6%
7	959	John Cartwright (M61)	5	M60-64	GM	5.6			27:45.54	8:56.1	27.75	27:51.16	58.3%
8	913	Sherman Christina (F26)	3	F25-29	1st	---			28:59.07	9:19.8	28.98	28:59.12	51.1%
9	945	Castanuela Randi (F52)	4	F50-54	GM	0.3			29:24.73	9:28.0	29.40	29:24.99	59.0%
10	932	Barnes Jerris (F50)	5	F50-54	1st	3.6			29:27.87	9:29.0	29.45	29:31.48	57.4%
11	957	Pete Holland (M43)	6	M40-44	1st	3.5			30:02.39	9:40.1	30.03	30:05.92	46.5%
12	901	Perrier Alisha (F45)	6	F45-49	1st	2.0			31:55.02	10:16.4	31.92	31:57.00	50.0%
13	941	Strom Mary (F57)	7	F55-59	1st	5.0			32:39.74	10:30.8	32.65	32:44.75	56.8%
14	928	Crosmer Janie (F44)	8	F40-44	1st	2.9			33:07.16	10:39.6	33.12	33:10.02	47.8%
15	958	Natalie Rogers (F36)	9	F35-39	1st	4.1			33:15.70	10:42.4	33.25	33:19.75	45.1%
16	918	Smith Deanna (F45)	10	F45-49	2nd	2.1			33:27.00	10:46.0	33.45	33:29.09	47.7%
17	921	Beard Emma (F10)	11	F01-12	1st	0.9			35:10.05	11:19.2	35.17	35:10.99	48.5%
18	952	Beard Vicki (F37)	12	F35-39	2nd	1.3			35:10.09	11:19.2	35.17	35:11.42	42.9%
19	914	Campbell Connan (M45)	7	M45-49	1st	5.9			36:14.82	11:40.0	36.23	36:20.74	39.1%
20	920	Piter Emily (F10)	13	F01-12	2nd	9.0			36:40.98	11:48.4	36.67	36:50.00	46.5%
21	900	Strom Alan (M61)	8	M60-64	1st	5.2			37:58.39	12:13.3	37.97	38:03.62	42.6%
22	927	Jones Jaime (F43)	14	F40-44	2nd	7.0			38:57.40	12:32.3	38.95	39:04.44	40.3%
23	950	Strom Suzie (F36)	15	F35-39	3rd	4.2			41:52.23	13:28.6	41.87	41:56.41	35.9%
24	954	Piter Wesley (M7)	9	M01-12	1st	6.3			43:43.39	14:04.4	43.72	43:49.72	40.7%
25	937	Heskett Keri (F41)	16	F40-44	3rd	9.7			44:11.96	14:13.6	44.18	44:21.64	34.9%
26	908	Frey Charlie (M3)	10	M01-12	2nd	5.7			44:54.08	14:27.1	44.90	44:59.82	
27	946	Frey Rebecka (F39)	17	F35-39	4th	12.6			44:47.77	14:25.1	44.78	45:00.39	34.0%
28	934	Carrasco Joe (M63)	11	M60-64	2nd	7.9			45:33.78	14:39.9	45.55	45:41.69	36.1%
29	933	Carrasco Joe (F63)	18	F60-64	1st	---			45:42.07	14:42.6	45.70	45:42.07	44.2%
30	956	Tyler Reed (F26)	19	F25-29	2nd	1.4			47:15.47	15:12.7	47.25	47:16.84	31.3%
31	951	Rumbo Terry (M43)	12	M40-44	2nd	7.4			48:04.23	15:28.3	48.07	48:11.62	29.0%
32	942	Tully Maureen (F58)	20	F55-59	2nd	6.0			49:41.29	15:59.6	49.68	49:47.30	37.8%
33	905	Chambers Catherine (F48)	21	F45-49	3rd	2.3			50:52.62	16:22.5	50.87	50:54.96	32.4%
Average Finish Time:									35:50	Average Age Grade:			46.47%