

AUGUST GUSTO XI 5K Run/Walk

(Held at River Legacy Parks, Arlington, TX on 8/23/2014)

"August creates as she slumbers, replete and satisfied!" -- Joseph Wood Krutch.

START 8:05 AM: Clear, 77.9 Deg F / 25.5 Deg C; 69% Humidity; Wind Dirn/Speed S / 5.8 mph

(Benefits Arlington Charities.)

(Timed finishers: 57 Female; 35 Male)

(Results provided by Jeph Abara jephaa@yahoo.com www.runningintheusa.com/jeph)

First Name	Last Name	Gender	Age	Age Grp	Bib #	Hometown	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Female Overall Winner												
Laura	Nelson	F	48	45-49	243	Grapevine TX	20.31	6.36		1	3	
Male Overall Winner												
Brenton	Eska	M	27	25-29	1649	Dallas TX	19.55	6.25		1	1	
Female Masters Winner												
Elizabeth	Rudy	F	56	55-59	1700	Arlington TX	22.36	7.16		2	6	
Male Masters Winner												
Blade	Norman	M	54	50-54	2300	Arlington TX	20.24	6.34		2	2	
Jasper	Hyams	F	7	7-8	240	Arlington TX	39.39	12.46	1	29	57	
Dewey	Saracay	F	9	9-11	2298	Arlington TX	33.10	10.40	1	14	36	
Madison	Salazar	F	11	9-11	1623	Rockwall TX	33.22	10.44	2	16	38	
Ashley	Monks	F	11	9-11	1643	Rockwall TX	33.45	10.52	3	18	42	
Mirella	Manzo	F	11	9-11	1682	Forney TX	37.51	12.11	4	27	55	Random
Brianna	Lopez	F	14	12-14	1654	Royse City TX	29.38	9.32	1	9	26	
Elizabeth	Monks	F	14	12-14	1642	Rockwall TX	29.39	9.33	2	10	27	
Kaleigh	Darnell	F	13	12-14	1621	Rockwall TX	33.21	10.44	3	15	37	
Macie	Bailey	F	12	12-14	1620	Caddo Mills TX	33.46	10.52	4	19	43	Random
Mikayla	Land	F	12	12-14	1684	Royce City TX	35.28	11.25	5	24	49	
Jacey	Burke	F	12	12-14	1624	Rockwall TX	35.30	11.26	6	25	50	
Britton	Vess	F	12	12-14	1647	Forney TX	45.54	14.46	7	38	69	
Brooklyn	Krevat	F	13	12-14	1686	Wylie TX	45.55	14.47	8	39	70	
Abby	Lowry	F	12	12-14	1636	Rockwall TX	51.04	16.26	9	46	80	
Hailey	Castillo	F	12	12-14	1640	Plano TX	51.05	16.26	10	47	81	
Alexa	Olson	F	24	20-24	237	Arlington TX	26.47	8.37	1	7	21	
Korlu	Garteh	F	23	20-24	1692	Kennedale TX	31.06	10.01	2	11	30	
Alexis	Leatherman	F	23	20-24	1659	Little Elm TX	35.00	11.16	3	22	47	
Lauren	Hill	F	29	25-29	1657	Grand Prairie TX	35.01	11.16	1	23	48	
Sophie	Cox	F	29	25-29	1635	Arlington TX	37.52	12.11	2	28	56	

First Name	Last Name	Gender	Age	Age Grp	Bib #	Hometown	Finish Time (Mins. .Secs)	Avg Pace		Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
								per Mile (5K = 3.107 mls)	(Mins. .Secs)				
Kristal	Almeida	F	28	25-29	1681	Forney TX	46.32	14.59	3	40	72		
Angelita	Gonzales	F	33	30-34	1662	Waxahachie TX	33.54	10.55	1	20	44		
Sherri	Torres	F	34	30-34	1646	Mansfield TX	50.24	16.13	2	44	78		
Diana	Turgut	F	33	30-34	1611	Arlington TX	56.33	18.12	3	55	90		
Dara	O.Bannon	F	36	35-39	1694	Fort Worth TX	33.30	10.47	1	17	39		
Daune	Hyams	F	39	35-39	239	Arlington TX	39.41	12.46	2	31	59		
Teola	Dorsey	F	35	35-39	1667	Fort Worth TX	40.38	13.05	3	32	60		
Tiffany	Hill	F	38	35-39	1629	Mansfield TX	42.32	13.41	4	34	64	Random	
Demicia	Mays	F	35	35-39	1630	Crowley TX	43.11	13.54	5	35	65		
Margarita	Rios	F	39	35-39	1637	Arlington TX	56.27	18.10	6	51	86		
Aimee	McMullen	F	39	35-39	1612	Mansfield TX	56.35	18.13	7	56	91		
Angel	Williams	F	35	35-39	246	Fort Worth TX	69.00	22.12	8	57	92	Random	
Sandy	Rivera	F	42	40-44	231	Arlington TX	28.02	9.01	1	8	24		
Tawnya	Saracay	F	43	40-44	2299	Arlington TX	34.51	11.13	2	21	46		
Kelly	Monks	F	43	40-44	1641	Rockwall TX	37.29	12.04	3	26	53		
Rhonda	Armster	F	44	40-44	1608	Arlington TX	40.46	13.07	4	33	62		
Wendy	Lacy	F	40	40-44	1670	Arlington TX	49.24	15.54	5	42	75		
Jennifer	Ketchel	F	40	40-44	1671	Arlington TX	49.25	15.54	6	43	76		
Kay	Scott	F	44	40-44	247	bedford TX	53.50	17.20	7	48	83		
Heather	Martinez	F	40	40-44	1650	arlington TX	56.28	18.10	8	52	87		
Sandra	Stierman	F	47	45-49	1658	Grand Prairie TX	26.01	8.22	1	5	18		
Carrie	Eisthen	F	46	45-49	1633	Dallas TX	31.20	10.05	2	12	32		
Melinda	King	F	45	45-49	2286		43.12	13.54	3	36	66		
Jana	Blalock	F	49	45-49	1655	Dallas TX	48.03	15.28	4	41	74	Random	
Wendi	Schambach	F	48	45-49	1614	Fort Worth TX	56.25	18.09	5	49	84		
Julie	Fiorito	F	45	45-49	1651	Arlington TX	56.29	18.11	6	53	88		
Frances	McKissick	F	52	50-54	1604	Irving TX	23.53	7.41	1	3	10		
Dawn	Burke	F	54	50-54	1690	Dallas TX	25.25	8.11	2	4	13		
Dawn	Luyster	F	54	50-54	2296	Fort Worth TX	26.33	8.33	3	6	20		
Patricia	Morrison	F	50	50-54	1644	Mansfield TX	50.25	16.14	4	45	79	Random	
Jacque	Redmon	F	50	50-54	1639	Arlington TX	56.32	18.12	5	54	89		
Linda	Jones	F	59	55-59	1665	Arlington TX	32.48	10.33	1	13	35		
Debbie	McLeod	F	59	55-59	1615	Arlington TX	56.26	18.10	2	50	85		
Mary	Tekell	F	64	60-64	238		TX 39.40	12.46	1	30	58		
Nancy	Lowden	F	72	70-74	245	Dallas TX	43.19	13.56	1	37	67		
Gianni	Vargas	M	7	7-8	1680	Forney TX	46.30	14.58	1	32	71		
Sebastian	Vargas	M	7	7-8	1683	Forney TX	46.42	15.02	2	33	73		

First Name	Last Name	Gender	Age	Age Grp	Bib #	Hometown	Finish Time (Mins. .Secs)	Avg Pace		Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
								per Mile (5K = 3.107 mls)	(Mins. .Secs)				
Francisco	Lopez	M	26	25-29	1693	Arlington TX	23.52	7.41	1	7	9		
Joe	Olson	M	27	25-29	236	Arlington TX	25.45	8.17	2	11	15		
Carlos	Almeida	M	29	25-29	1679	Forney TX	37.50	12.11	3	28	54		
Pete	Reza	M	27	25-29	1668	Fort Worth TX	40.42	13.06	4	29	61	Random	
Brian	Stephenson	M	34	30-34	1645	Dallas TX	23.27	7.33	1	6	8		
Mark	Vallejo	M	31	30-34	1653	Fort Worth TX	26.21	8.29	2	14	19		
Shane	Oconnell	M	38	35-39	1695	Grand Prairie TX	23.59	7.43	1	8	11		
Wade	Morris	M	39	35-39	1677	Midlothian TX	25.53	8.20	2	12	16		
David	Gonzales	M	38	35-39	1663	Waxahachie TX	30.54	9.57	3	19	29		
Johnnie	Dorsey	M	35	35-39	1666	Fort Worth TX	31.35	10.10	4	21	33	Random	
Neal	Lambert	M	36	35-39	1678	The Colony TX	33.40	10.50	5	23	40		
Jesse	Salazar	M	37	35-39	1622	Rockwall TX	33.44	10.51	6	24	41		
Oswaldo	Lopez	M	37	35-39	230	Dallas TX	34.41	11.10	7	25	45		
Stan	Satchell	M	35	35-39	229	Arlington TX	35.58	11.35	8	26	51		
Alex	Munoz	M	44	40-44	1685	Haslet TX	20.49	6.42	1	3	4		
Arturo	Garcia	M	42	40-44	235	Grand Prairie TX	29.41	9.33	2	18	28		
Michael	Braly	M	47	45-49	1648	Red Oak TX	25.37	8.15	1	10	14		
John	Eisthen	M	48	45-49	1634	Dallas TX	31.11	10.02	2	20	31		
Nate	Washington	M	51	50-54	1607	Arlington TX	42.11	13.35	1	30	63		
Dallas	Blalock	M	54	50-54	1656	Eules TX	50.15	16.10	2	34	77		
Bradley	Gardner	M	56	55-59	1601	Fort Worth TX	22.35	7.16	1	4	5		
David	Harp	M	57	55-59	1689	hurst TX	32.01	10.18	2	22	34		
Jim	Sansone	M	64	60-64	1673	Arlington TX	22.48	7.20	1	5	7		
Bob	Luchsinger	M	64	60-64	1688	Dallas TX	28.28	9.10	2	17	25		
Mike	Colvin	M	62	60-64	1691	Dallas TX	36.45	11.50	3	27	52		
Phil	Hatton	M	63	60-64	244	Arlington TX	52.08	16.47	4	35	82	Random	
Thomas	Conway	M	69	65-69	1675	Duncanville TX	24.15	7.48	1	9	12		
Kendall	Black	M	65	65-69	1687	Grand Prairie TX	26.00	8.22	2	13	17		
R Forrest	Gump	M	66	65-69	1674	Fort Worth TX	26.58	8.41	3	15	22		
Ken	Brewer	M	77	75-79	228	Arlington TX	27.55	8.59	1	16	23		
Richard	Widener	M	87	85 & Over	242	Irving TX	43.29	13.60	1	31	68		

SOULS & SOLES RESULTS as reported in the print press.

Macie	Bailey	F	12	Souls & Soles I	1620	Caddo Mills TX	33.46	10.52	1	19	43	Random
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								per Mile (5K = 3.107 mls) (Mins. .Secs)					
Tiffany	Hill	F	38	Souls & Soles I	1629	Mansfield TX	42.32	13.41	2	34	64	Random	
Patricia	Morrison	F	50	Souls & Soles I	1644	Mansfield TX	50.25	16.14	3	45	79	Random	
Mirella	Manzo	F	11	Souls & Soles II	1682	Forney TX	37.51	12.11	1	27	55	Random	
Jana	Blalock	F	49	Souls & Soles II	1655	Dallas TX	48.03	15.28	2	41	74	Random	
Angel	Williams	F	35	Souls & Soles II	246	Fort Worth TX	69.00	22.12	3	57	92	Random	
Johnnie	Dorsey	M	35	Souls & Soles I	1666	Fort Worth TX	31.35	10.10	1	21	33	Random	
Pete	Reza	M	27	Souls & Soles I	1668	Fort Worth TX	40.42	13.06	2	29	61	Random	
Phil	Hatton	M	63	Souls & Soles I	244	Arlington TX	52.08	16.47	3	35	82	Random	

SORTED BY OVERALL FINISH.

Brenton	Eska	M	27	25-29	1649	Dallas TX	19.55	6.25	M OA	1	1	
Blade	Norman	M	54	50-54	2300	Arlington TX	20.24	6.34	M MST	2	2	
Laura	Nelson	F	48	45-49	243	Grapevine TX	20.31	6.36	F OA	1	3	
Alex	Munoz	M	44	40-44	1685	Haslet TX	20.49	6.42	1	3	4	
Bradley	Gardner	M	56	55-59	1601	Fort Worth TX	22.35	7.16	1	4	5	
Elizabeth	Rudy	F	56	55-59	1700	Arlington TX	22.36	7.16	F MST	2	6	
Jim	Sansone	M	64	60-64	1673	Arlington TX	22.48	7.20	1	5	7	
Brian	Stephenson	M	34	30-34	1645	Dallas TX	23.27	7.33	1	6	8	
Francisco	Lopez	M	26	25-29	1693	Arlington TX	23.52	7.41	1	7	9	
Frances	McKissick	F	52	50-54	1604	Irving TX	23.53	7.41	1	3	10	
Shane	Oconnell	M	38	35-39	1695	Grand Prairie TX	23.59	7.43	1	8	11	
Thomas	Conway	M	69	65-69	1675	Duncanville TX	24.15	7.48	1	9	12	
Dawn	Burke	F	54	50-54	1690	Dallas TX	25.25	8.11	2	4	13	
Michael	Braly	M	47	45-49	1648	Red Oak TX	25.37	8.15	1	10	14	
Joe	Olson	M	27	25-29	236	Arlington TX	25.45	8.17	2	11	15	
Wade	Morris	M	39	35-39	1677	Midlothian TX	25.53	8.20	2	12	16	
Kendall	Black	M	65	65-69	1687	Grand Prairie TX	26.00	8.22	2	13	17	
Sandra	Stierman	F	47	45-49	1658	Grand Prairie TX	26.01	8.22	1	5	18	
Mark	Vallejo	M	31	30-34	1653	Fort Worth TX	26.21	8.29	2	14	19	
Dawn	Luyster	F	54	50-54	2296	Fort Worth TX	26.33	8.33	3	6	20	
Alexa	Olson	F	24	20-24	237	Arlington TX	26.47	8.37	1	7	21	
R Forrest	Gump	M	66	65-69	1674	Fort Worth TX	26.58	8.41	3	15	22	
Ken	Brewer	M	77	75-79	228	Arlington TX	27.55	8.59	1	16	23	
Sandy	Rivera	F	42	40-44	231	Arlington TX	28.02	9.01	1	8	24	
Bob	Luchsinger	M	64	60-64	1688	Dallas TX	28.28	9.10	2	17	25	
Brianna	Lopez	F	14	12-14	1654	Royse City TX	29.38	9.32	1	9	26	
Elizabeth	Monks	F	14	12-14	1642	Rockwall TX	29.39	9.33	2	10	27	
Arturo	Garcia	M	42	40-44	235	Grand Prairie TX	29.41	9.33	2	18	28	
David	Gonzales	M	38	35-39	1663	Waxahachie TX	30.54	9.57	3	19	29	
Korlu	Garteh	F	23	20-24	1692	Kennedale TX	31.06	10.01	2	11	30	
John	Eisthen	M	48	45-49	1634	Dallas TX	31.11	10.02	2	20	31	
Carrie	Eisthen	F	46	45-49	1633	Dallas TX	31.20	10.05	2	12	32	
Johnnie	Dorsey	M	35	35-39	1666	Fort Worth TX	31.35	10.10	4	21	33	Random

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								per Mile (5K = 3.107 mls)	(Mins. .Secs)				
David	Harp	M	57	55-59	1689	hurst TX	32.01	10.18	2	22	34		
Linda	Jones	F	59	55-59	1665	Arlington TX	32.48	10.33	1	13	35		
Dewey	Saracay	F	9	9-11	2298	Arlington TX	33.10	10.40	1	14	36		
Kaleigh	Darnell	F	13	12-14	1621	Rockwall TX	33.21	10.44	3	15	37		
Madison	Salazar	F	11	9-11	1623	Rockwall TX	33.22	10.44	2	16	38		
Dara	O.Bannon	F	36	35-39	1694	Fort Worth TX	33.30	10.47	1	17	39		
Neal	Lambert	M	36	35-39	1678	The Colony TX	33.40	10.50	5	23	40		
Jesse	Salazar	M	37	35-39	1622	Rockwall TX	33.44	10.51	6	24	41		
Ashley	Monks	F	11	9-11	1643	Rockwall TX	33.45	10.52	3	18	42		
Macie	Bailey	F	12	12-14	1620	Caddo Mills TX	33.46	10.52	4	19	43	Random	
Angelita	Gonzales	F	33	30-34	1662	Waxahachie TX	33.54	10.55	1	20	44		
Osvaldo	Lopez	M	37	35-39	230	Dallas TX	34.41	11.10	7	25	45		
Tawnya	Saracay	F	43	40-44	2299	Arlington TX	34.51	11.13	2	21	46		
Alexis	Leatherman	F	23	20-24	1659	Little Elm TX	35.00	11.16	3	22	47		
Lauren	Hill	F	29	25-29	1657	Grand Prairie TX	35.01	11.16	1	23	48		
Mikayla	Land	F	12	12-14	1684	Royce City TX	35.28	11.25	5	24	49		
Jacey	Burke	F	12	12-14	1624	Rockwall TX	35.30	11.26	6	25	50		
Stan	Satchell	M	35	35-39	229	Arlington TX	35.58	11.35	8	26	51		
Mike	Colvin	M	62	60-64	1691	Dallas TX	36.45	11.50	3	27	52		
Kelly	Monks	F	43	40-44	1641	Rockwall TX	37.29	12.04	3	26	53		
Carlos	Almeida	M	29	25-29	1679	Forney TX	37.50	12.11	3	28	54		
Mirella	Manzo	F	11	9-11	1682	Forney TX	37.51	12.11	4	27	55	Random	
Sophie	Cox	F	29	25-29	1635	Arlington TX	37.52	12.11	2	28	56		
Jasper	Hyams	F	7	7-8	240	Arlington TX	39.39	12.46	1	29	57		
Mary	Tekell	F	64	60-64	238	TX	39.40	12.46	1	30	58		
Daune	Hyams	F	39	35-39	239	Arlington TX	39.41	12.46	2	31	59		
Teola	Dorsey	F	35	35-39	1667	Fort Worth TX	40.38	13.05	3	32	60		
Pete	Reza	M	27	25-29	1668	Fort Worth TX	40.42	13.06	4	29	61	Random	
Rhonda	Armster	F	44	40-44	1608	Arlington TX	40.46	13.07	4	33	62		
Nate	Washington	M	51	50-54	1607	Arlington TX	42.11	13.35	1	30	63		
Tiffany	Hill	F	38	35-39	1629	Mansfield TX	42.32	13.41	4	34	64	Random	
Demicia	Mays	F	35	35-39	1630	Crowley TX	43.11	13.54	5	35	65		
Melinda	King	F	45	45-49	2286		43.12	13.54	3	36	66		
Nancy	Lowden	F	72	70-74	245	Dallas TX	43.19	13.56	1	37	67		
Richard	Widener	M	87	85 & Over	242	Irving TX	43.29	13.60	1	31	68		
Britton	Vess	F	12	12-14	1647	Forney TX	45.54	14.46	7	38	69		
Brooklyn	Krevat	F	13	12-14	1686	Wylie TX	45.55	14.47	8	39	70		
Gianni	Vargas	M	7	7-8	1680	Forney TX	46.30	14.58	1	32	71		
Kristal	Almeida	F	28	25-29	1681	Forney TX	46.32	14.59	3	40	72		
Sebastian	Vargas	M	7	7-8	1683	Forney TX	46.42	15.02	2	33	73		
Jana	Blalock	F	49	45-49	1655	Dallas TX	48.03	15.28	4	41	74	Random	
Wendy	Lacy	F	40	40-44	1670	Arlington TX	49.24	15.54	5	42	75		
Jennifer	Ketchel	F	40	40-44	1671	Arlington TX	49.25	15.54	6	43	76		
Dallas	Blalock	M	54	50-54	1656	Eules TX	50.15	16.10	2	34	77		
Sherri	Torres	F	34	30-34	1646	Mansfield TX	50.24	16.13	2	44	78		
Patricia	Morrison	F	50	50-54	1644	Mansfield TX	50.25	16.14	4	45	79	Random	
Abby	Lowry	F	12	12-14	1636	Rockwall TX	51.04	16.26	9	46	80		

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								per Mile (5K = 3.107 mls) (Mins. .Secs)				
Hailey	Castillo	F	12	12-14	1640	Plano TX	51.05	16.26	10	47	81	
Phil	Hatton	M	63	60-64	244	Arlington TX	52.08	16.47	4	35	82	Random
Kay	Scott	F	44	40-44	247	bedford TX	53.50	17.20	7	48	83	
Wendi	Schambach	F	48	45-49	1614	Fort Worth TX	56.25	18.09	5	49	84	
Debbie	McLeod	F	59	55-59	1615	Arlington TX	56.26	18.10	2	50	85	
Margarita	Rios	F	39	35-39	1637	Arlington TX	56.27	18.10	6	51	86	
Heather	Martinez	F	40	40-44	1650	arlington TX	56.28	18.10	8	52	87	
Julie	Fiorito	F	45	45-49	1651	Arlington TX	56.29	18.11	6	53	88	
Jacque	Redmon	F	50	50-54	1639	Arlington TX	56.32	18.12	5	54	89	
Diana	Turgut	F	33	30-34	1611	Arlington TX	56.33	18.12	3	55	90	
Aimee	McMullen	F	39	35-39	1612	Mansfield TX	56.35	18.13	7	56	91	
Angel	Williams	F	35	35-39	246	Fort Worth TX	69.00	22.12	8	57	92	Random