

Sept. 17 Highlights

By Charles Clines

* While **Grant Goodrich**, 15, of Carrollton had control of the race and won the **Run4Hope 5K** in Carrollton, 53-year-old **Kevin Herbert** and 22-year-old **Emily Gilbert** dueled to be second across the finish line. Herbert crossed first with a 21:36 and Gilbert came in with a 21:51.

* Well-known longtime area runners took home top awards at the **Run Lantana 5K**. **James Jackson**, almost as formidable at 49 as he was in his prime when he won several area races, earned the male overall award with a 16:16.3. He's back on the roads after taking a short breather. In the female division, **Magaly Soto**, 40, who already had won at least six overall awards and a recent masters award this year, was the first female with an 18:45.6. And **Laura Nelson**, 50, continues to stockpile her award collection by taking the masters title with a 21:03.6. **Troy Pickett**, 45, earned the 10K masters award with a 38:50.9. He already has won at least four overall and three masters awards this year.

* Another longtime area competitor, **Clint Bell**, 37, of Dallas won by about two minutes by zipping to a 16:31.5 at the **SEF Arts Festival** in Sherman. It was at least the third overall award Bell has won this year in the area.. The female race, though, was close as 16-year-old **Jennifer Paulin** edged **Libby Ticknor**, 15, with gun times of 22:01.7 and 22:02.4. However, the chip times had Paulin with a slightly more comfortable 21:41.1-22:01.5 margin.

* **Ashley Garcia**, 25, of Fort Worth not only won at least her third female overall award this year, she also was first overall across the finish line at the **Zero Prostate Cancer Run/Walk 5K** in Fort Worth. She won with a 21:58 while the first male, **Ryan Haring**, clocked in at 22:38 (22:08 chip time).