

June 29-July 2 Highlights

By Charles Clines

* **Sergio Hernandez** and **Todd Reynolds** battled for a second week at the **Trinity 5000** on Thursday evening (June 29) in Fort Worth, but rather for the overall male award, this was for the masters award. And again Hernandez, 42, edged Reynolds, 46, with times of 18:45 and 18:51. Last Thursday, Hernandez won the overall male award by about a step against Reynolds. Another Hernandez -- **Julian**, 17, was second overall with an 18:33. **Jose Mejorada**, 36, ran away from everyone to win with a 16:47. And **Laura Nelson**, 50, continues to dominate the female division, winning with a 21:55, about 32 seconds in front of 54-year-old **Mari Briggs**. Despite the hot evening, there were 148 timed runners and walkers.

* It was a fairly close duel for the male overall award at the **Liberty by the Lake 5K** at The Colony on Saturday (July 2) as **Andrew Cobos**, 20, of Lewisville won with a 17:02. **Aaron Pearson**, 26, of Allen settled for second with a 17:33. The female winner, 15-year-old **Madison Acosta** of The Colony posted a speedy time of 19:54. One of the more impressive feats was by 10-year-old **Dashiell Browne** of Lantana. He ran a 22:30 to win the 9-11 age division. The event had 707 timed finishers in the 5K and 10K.

* **Ali Sadek**, 15, game **Kevin Newton**, 32, a run for the first overall finisher at the **Red, White and Blue 5K** in McKinney. Newton of Van Alstyne held to off to win with a 19:24. Sadek crossed the finish line in 19:45.5.

* Another female finished second overall, this one at the **DRC Independence 5K** in Dallas as **Abigail Cartwright**, 20, of Dallas ran an 18:17 to take the runner-up spot and the overall female award. **Jeremie Johnson**, 20, of Dallas was first across the line with a 17:34. In the 10K, **Jose Lopez**, 31, was only a step ahead of 50-year-old **Joe Landry** at the 5K mark, but was able to pull ahead and win 38:36 to 39:04. I've written about **Jan Richards** for a long time and she has had an incredible running career since giving up her bar-hopping smoking days in her younger days. So, it's great to see the 88-year-old still participating as she finished the 5K in 58:50, good for 310th place among the 336 finishers. **Frances McKissick**, 54, of Irving won at least her 10th female masters award by finishing with a 49:25 in the 10K. And **Fiona Green**, 51, of Keller and a contributor to this website was third overall female in the 5K with a 22:02.