

July 28-30 Highlights

* A crowd of 1,267 finished the **Melon Dash 5K** in McKinney. Runner-up **Jason Trevino**, 28, was the only non-teen in the top 14 finishers. **Grant Tiff**, 17, of Fairview and a Lucas Lovejoy runner was the winner with a 16:24, 30 seconds in front of Trevino.

* **Kathan Shenoyd**, a Grapevine High School runner, held on to win the **Run For the Blue 5K** in Dallas on Thursday (July 28). His 18:02 beat challenger **Jeremy Kieser**, 35, of Plano by 13 seconds. **Magaly Soto** of Arlington nabbed another overall female award with a 19:54.

* In a duel of Lauras, **Laura Ogletree**, 15, and **Laura Nelson**, 50, battled it out for the overall female award at the **Trinity 5000** on Thursday evening. Ogletree crossed the finish line first with a 21:42 and Nelson came in at 21:53. Also, some good times were recorded in the 70-74 division on the warm (maybe a little hotter than warm) evening. **Carl Galloway**, 71, led the way with a 25:04, followed by **Paul Johnston**, 70, (25:54) and Leon Minton, 70, (27:58). The closest duel was between **Sergio Hernandez** and **Quay Reinhart** for the top spot in the 40-44 division. Hernandez, 42, took the honor with a 22:25, a second in front of Reinhart, 40. And **Ken Brewer**, 79, continues to dominate the 75-79 division as he won with a 28:11, more than eight minutes of his nearest rival. Also on Thursday, **Colby Adler** nudged **Ashton Prejean** at the **RunFAR FIT Summer5K Series** in Mansfield. Adler won with a 19:16 gun time and Prejean logged a 19:21.1.

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