

Kolin Styles knew running was his forte as a freshman in Holliday and he is proving it as he and older brother Koby have won overall titles at different distances, but at the same events

Note: Kolin Styles began making his mark in the DFW area in 2011 when he won the LGRAW's Bold in the Cold 5K and his brother Koby won the 15K. Kolin, from Holliday, lives in Weatherford and works for Luke's Locker. Koby is the cross country and track coach at Midwestern State in Wichita Falls. The brothers, who grew up in Holliday, nailed another double in 2012 at The Cowtown. Kolin won the marathon, his second attempt at the distance, and Koby won the 50K ultra. Kolin's most recent overall win was April 28 at the Aledo AdvoCats Run, Walk or Crawl 5K. Here is a look at Kolin's running career.



Kolin Styles, right, and his brother Koby, shown after winning the 5K and 15K at the LGRAW Bold in the Cold in 2011.

Kolin Styles, 25 was introduced to long distance running when he attended Holliday High School as a freshman. Running was a natural step for Kolin as he came from an athletic family and had an older brother, Koby, running. He said it was because of Koby that he started running. Kolin enjoyed an envious high school career. When he graduated, Kolin had been selected an All- State runner twice, three-time District Champion in cross country and track & field. Regional Champion in cross country and track & field. He also was a state medalist in both sports. In high school, Kolin was a multi-sport athlete, but always knew he had something going in the sport of running.



*Runner
in
the Spotlight*

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Kolin received a cross country scholarship to East Central University in Ada, Okla. He got the opportunity to become teammates with his older and younger brothers (Koby and Kendall) while attending ECU. In 2008, Kolin transferred to Tarleton State University and was a South Central All Region selection in cross country and also was a Lone Star Conference Track and field Championship medalist four times in the 10K and 5K.

Kolin is currently attending Tarleton State Kinesiology Graduate Program and will be graduating on May 12, 2012. Kolin plans to continue to run competitively and work at Luke's Locker in Fort Worth.

"I feel like these past 6-8 months have really gone well for me as for as running," he said. "If I haven't been given the opportunity to work at Luke's Locker, I can honestly say that I wouldn't be where I am today. I never thought about competing in marathons till I started working in the store. My co-workers are so supportive and it's easy to be motivated when you work with the people that I get to. It's the feeling like you're on a team again."

Kolin won the 2012 Forth Worth Cowtown Marathon in February with a time of 2:37, but initially he was second overall. When Kolin received the news that the guy who won the marathon was

disqualified for running with his friend's bib number, he was shocked and excited at the same time. He had made his marathon debut in December, 2011, at the MetroPCS Dallas White Rock Marathon, where he finished seventh overall and first in his age group with a 2:34.

“It was unfortunate for the guy to be disqualified after winning the marathon. But again, I know the work that I put in and the effort I gave, I was just the runner who finished behind him. It's one of those situations where you have no control over,” he said.

Kolin plans to compete in triathlons and 5Ks in the DFW area, but will soon begin training for the Rock 'n' Roll San Antonio Marathon. Kolin is also planning on running the 2013 Boston Marathon with some of his running buddies and is excited about it because it's finally a race where they're all training for the same goal.

Kolin's personal bests: marathon -- 2:34; 15K -- 49:30; 10K -- 32:00; 5K -- 14:50 on the track and 15:18 on the road; 1,500 meters -- 4:01.